



SPRING 2024

Hours of Operation

Community Centre

Monday-Friday 7:00 AM-10:00 PM

Saturday/Sunday 8:30 AM-8:00 PM

Statutory Holiday Closed

**Front office closes 30 min. prior to building closure*

March 29 Closed

April 1 Closed

May 20 Closed

Fitness Centre

Monday-Friday 6:00 AM-10:00 PM

Saturday/Sunday 7:00 AM-8:00 PM

Statutory Holiday 7:00 AM-8:00 PM

Please note - when the Community Centre is closed, enter the Fitness Centre through the lower back entrance, located at the back of the Community Centre, by the playground.



Click on the Activity # to register or learn more.

Ice Rink

Dry floor rental requests are submitted through the online process at Vancouver.ca. Spring and Summer Learn to Skate Lessons are available at Hillcrest, Britannia, and Sunset rinks.

Lesson schedules and registrations are available online at vancouver.ca or call 3-1-1.

Registration

Online

Registration online begins **Tuesday, March 12 at 7 PM**. Logging into your account at www.vanrec.ca prior to registration day may minimize any unexpected errors.

In-Person

Registration in-person begins **Tuesday, March 12 at 7 PM**. We accept Visa, Mastercard, American Express or debit cards, cash, and cheques.

Phone

Registration by phone begins **Wednesday, March 13 at 10 AM**. Ongoing registration by phone is available during office hours.

Refund Policy

All refunds are subject to a \$5 administrative fee, unless the program is cancelled by the Community Centre.

Requests for refunds must be received by phone or in-person to the Front Office:

- 24 hours before the 1st scheduled class, 2 days prior to the 2nd scheduled class, no refunds past the second class.
- 2 days prior for workshops.
- 7 days prior for camps, luncheons and private lessons.
- 30 days prior for birthday parties for full refund, 14 days prior for 50% refund, and no refund for less than two weeks.

Financial Subsidies

Discounts are available on some programs at time of registration. Patrons that qualify for the Vancouver Park Board's Leisure Access Program (LAP) may receive a 50% discount on registration of select programs. LAP is not applicable on workshops, private lessons, one-day events and CCA program drop-ins.

Seniors over 65 years may receive a 15% discount on qualifying adult programs (registration only, drop-ins not applicable). If you are a senior and a program qualifies for the LAP discount, the applicable discounts will be calculated based on the adult rate and not with the senior's discount.

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PRESCHOOL

Music with Marnie

Music With Marnie - Babies (2 mo-17 mo)

Instructor: Marnie Grey

Tuesday

Tu Apr 9-Jun 11 12:30 PM-1:00 PM
\$156/9 sess [494395](#)

Thursday

Th Apr 11-Jun 13 11:30 AM-12:00 PM
\$156/9 sess [494398](#)

Th Apr 11-Jun 13 12:15 PM-12:45 PM
\$156/9 sess [494399](#)

Music With Marnie - Toddlers (18 mo-3 yrs)

Instructor: Marnie Grey

Tuesday

Tu Apr 9-Jun 11 10:00 AM-10:45 AM
\$174/9 sess [494400](#)

Thursday

Th Apr 11-Jun 13 10:30 AM-11:15 AM
\$174/9 sess [494401](#)

Music with Marnie - Tots (2.5-5 yrs)

Instructor: Marnie Grey

Th Apr 11-Jun 13 9:30 AM-10:15 AM
\$174/9 sess [494402](#)

Music with Marnie All Ages (10 mo-6 yrs)

Instructor: Marnie Grey

Tu Apr 9-Jun 11 11:00 AM-11:45 AM
\$174/9 sess [494405](#)

Birthday Parties



Birthday Party Package (up to 8 yrs)

Sa Apr 6-June 15 \$170/party

- Staff to assist with set-up (30 min before), and clean-up (up to 30 min after)
- 60 minutes of play gym time, with toys and a large bouncy castle
- Access to a microwave and refrigerator

Lobby Room: 12:15-2:30PM
Gym 12:30-1:30PM

Snowy's Lounge: 1:30-3:45PM
Gym 1:45-2:45PM

Refund policy:

- 1 months' notice = 100%
- 2 weeks notice = 50% refund and less than two weeks = no refund.

Music Together

Music Together (Birth- 5 yrs)

Instructor: Donalyn

Tuesday

Tu Apr 9-Jun 11 3:45 PM-4:30 PM
\$208/10 sess [495600](#)

Wednesday

W Apr 10-Jun 12 9:30 AM-10:15 AM
\$208/10 sess [495603](#)

W Apr 10-Jun 12 10:30 AM-11:15 AM
\$208/10 sess [495610](#)

W Apr 10-Jun 12 11:30 AM-12:15 PM
\$208/10 sess [495612](#)

Friday

F Apr 12-Jun 14 9:30 AM-10:15 AM
\$208/10 sess [495615](#)

F Apr 12-Jun 14 10:30 AM-11:15 AM
\$208/10 sess [495616](#)

Education

Beginner Baby Signing (Birth-1.5 yrs)

Instructor: Signing Babies Vancouver

Tu Apr 9-May 7 1:30 PM-2:00 PM
\$65/5 sess [497027](#)

W Apr 10-May 8 12:00 PM-12:30 PM
\$65/5 sess [497028](#)

W Apr 10-May 8 1:00 PM-1:30 PM
\$65/5 sess [497029](#)

Baby Sing and Sign (Birth-1.5 yrs)

Instructor: Signing Babies Vancouver

Tu Apr 9-May 7 2:30 PM-3:00 PM
\$65/5 sess [497030](#)

W Apr 10-May 8 11:00 AM-11:30 AM
\$65/5 sess [497046](#)



Parent and Tot Gym (6 mo-5 yrs)

Tu Apr 9-Jun 11 9:30 AM-11:00 AM
Th Apr 4-Jun 13 10:30 AM-12:00 PM
Sa Apr 6- Jun 15 10:30 AM-12:00 PM

\$3/child and \$2/additional child
\$27/10 visit pass
\$45/sibling 10 visit pass

Dance

Baby Dance (3 months-pre-walking)

Instructor: Lorraine White-Wilkinson

Tu Apr 9-May 7 11:25 AM-12:00 PM
\$65/5 sess [496684](#)

Toddler Dance

Parent & Tot (1-2 yrs)

Instructor: Lorraine White-Wilkinson

Tu May 14-Jun 18 11:25 AM-12:00 PM
\$78/6 sess [496686](#)

Parent and Tot

Creative Dance (2-3 yrs)

Instructor: Lorraine White-Wilkinson

Tu Apr 9-Jun 18 10:30 AM-11:15 AM
\$143/11 sess [496690](#)

Sa Apr 20-Jun 22 10:30 AM-11:15 AM
\$130/10 sess [496694](#)

Creative Dance (3-4 yrs)

Instructor: Lorraine White-Wilkinson

Tu Apr 9-Jun 18 9:30 AM-10:15 AM
\$143/11 sess [498932](#)

Sa Apr 20-Jun 22 9:30 AM-10:15 AM
\$130/10 sess [498934](#)

Pre-Ballet Creative Dance (3-4 yrs)

Instructor: Lorraine White-Wilkinson

Sa Apr 20-June 22 12:30 PM-1:15 PM
\$130/10 sess [498936](#)

Pre-Ballet Creative Dance (4.5-6 yrs)

Instructor: Lorraine White-Wilkinson

Sa Apr 20-Jun 22 11:30 AM-12:15 PM
\$130/10 sess [498937](#)

My First Dance Class (2-4 yrs)

Instructor: Endorphin Rush Dance

M Apr 8-Jun 17 9:30 AM-10:15 AM
\$130/10 sess [498446](#)

Hip Hop Dancers (3-5 yrs)

Instructor: Endorphin Rush Dance

M Apr 8-Jun 17 10:30 AM-11:15 AM
\$130/10 sess [498448](#)

Little Ballerinas (3-5 yrs)

Instructor: Endorphin Rush Dance

M Apr 8-Jun 17 11:20 AM-12:05 PM
\$130/10 sess [498449](#)

DancePl3y Preschool (3-5 yrs)

Instructor: PL3Y Inc.-The Play Brigade

F Apr 12-Jun 14 3:30 PM-4:15 PM
\$140/10 sess [497205](#)



Sportball

Sportball Parent and Child Multi Sport (2-3 yrs)

Instructor: Sportball Vancouver
M Apr 15-Jun 10 4:30 PM-5:15 PM
\$148/8 sess [497594](#)
W May 15-Jun 19 4:30 PM-5:15 PM
\$111/6 sess [497600](#)

Sportball Indoor Multi Sport (3-5 yrs)

Instructor: Sportball Vancouver
M Apr 15-Jun 10 2:30 PM-3:30 PM
\$148/8 sess [498072](#)

Sportball Parent and Child Indoor Soccer (2-3 yrs)

Instructor: Sportball Vancouver
W Apr 3-May 8 4:30 PM-5:15 PM
\$111/6 sess [497597](#)

Sportball Parent and Tot Outdoor Soccer (2-3 yrs)

Instructor: Sportball Vancouver
Th May 2-Jun 20 5:00 PM-5:45 PM
\$148/8 sess [497977](#)
Sa May 4-Jun 22 9:30 AM-10:15 AM
\$130/7 sess [497980](#)

Sportball Outdoor Soccer (3.5-5 yrs)

Instructor: Sportball Vancouver
Th May 2-Jun 20 4:00 PM-5:00 PM
\$148/8 sess [497983](#)
Sa May 4-Jun 22 10:15 AM-11:15 AM
\$130/7 sess [497984](#)

Sportball Parent and Tot Outdoor T-Ball (2-3 yrs)

Instructor: Sportball Vancouver
W May 1-Jun 19 5:30 PM-6:15 PM
\$148/8 sess [497971](#)

Sportball Outdoor T-Ball (4-6 yrs)

Instructor: Sportball Vancouver
W May 1-Jun 19 6:15 PM-7:15 PM
\$148/8 sess [497973](#)

CHILDREN

Dance

Pre-Ballet Creative Dance (4.5-6 yrs)

Instructor: Lorraine White-Wilkinson
Sa Apr 20-Jun 22 11:30 AM-12:15 PM
\$130/10 sess [498937](#)

Hip Hop Zumba Kids (5-7 yrs)

Instructor: Endorphin Rush Dance
M Apr 8-Jun 17 3:30 PM-4:15 PM
\$130/10 sess [498423](#)

Hip Hop Zumba Kids (8-12 yrs)

Instructor: Endorphin Rush Dance
M Apr 8-Jun 17 4:30 PM-5:15 PM
\$130/10 sess [498425](#)

Dance Extreme (7-12 yrs)

Instructor: Endorphin Rush Dance
Th Apr 11-Jun 13 4:00 PM-5:00 PM
\$130/10 sess [498426](#)

Dancepl3y Kids (6-9 yrs)

Instructor: Pl3y Inc.—The Play Brigade
F Apr 12-Jun 14 4:30 PM-5:30 PM
\$140/10 sess [497212](#)

Violin Lessons

Private Violin Lessons (5+ yrs)

Instructor: Ali Nourbakhsh
M Apr 8-May 6 3:30 PM-4:30 PM
\$290/5 sess [494406](#)
M Apr 8-May 6 4:30 PM-5:30 PM
\$290/5 sess [494407](#)
M Apr 8-May 6 5:30 PM-6:30 PM
\$290/5 sess [494408](#)
M Apr 8-May 6 6:30 PM-7:30 PM
\$290/5 sess [494409](#)
M Apr 8-May 6 7:30 PM-8:30 PM
\$290/5 sess [494411](#)

Private Violin Lessons (5+ yrs)

Instructor: Ali Nourbakhsh
M May 13-Jun 24 3:30 PM-4:30 PM
\$348/6 sess [494413](#)
M May 13-Jun 24 4:30 PM-5:30 PM
\$348/6 sess [494414](#)
M May 13-Jun 24 5:30 PM-6:30 PM
\$348/6 sess [494415](#)
M May 13-Jun 24 6:30 PM-7:30 PM
\$348/6 sess [494416](#)
M May 13-Jun 24 7:30 PM-8:30 PM
\$348/6 sess [494417](#)

Creative Arts



More Than Drawing (7-9 yrs)

Instructor: Carolina Becerra
Th Apr 11-May 9 3:30 PM-4:45 PM
\$150/5 sess [499680](#)
Th May 16-Jun 13 3:30 PM-4:45 PM
\$150/5 sess [499681](#)

Piano Lessons

Piano Lessons Private (5+ yrs)

Instructor: Mary Friesen
Tu Apr 2-Jun 11 3:10 PM-3:40 PM
\$264/11 sess [494473](#)
Tu Apr 2-Jun 11 3:45 PM-4:15 PM
\$264/11 sess [494475](#)
Tu Apr 2-Jun 11 4:20 PM-4:50 PM
\$264/11 sess [494477](#)
Tu Apr 2-Jun 11 4:55 PM-5:25 PM
\$264/11 sess [494478](#)
Tu Apr 2-Jun 11 5:30 PM-6:00 PM
\$264/11 sess [494479](#)
Tu Apr 2-Jun 11 6:05 PM-6:35 PM
\$264/11 sess [494480](#)
Tu Apr 2-Jun 11 6:40 PM-7:10 PM
\$264/11 sess [494482](#)
Tu Apr 2-Jun 11 7:15 PM-7:45 PM
\$264/11 sess [494484](#)

Piano Lessons Private (5+ yrs)

Instructor: Mary Friesen
F Apr 5-Jun 14 3:10 PM-3:40 PM
\$264/11 sess [494485](#)
F Apr 5-Jun 14 3:45 PM-4:15 PM
\$264/11 sess [494486](#)
F Apr 5-Jun 14 4:20 PM-4:50 PM
\$264/11 sess [494487](#)
F Apr 5-Jun 14 4:55 PM-5:25 PM
\$264/11 sess [494488](#)
F Apr 5-Jun 14 5:30 PM-6:00 PM
\$264/11 sess [494493](#)
F Apr 5-Jun 14 6:05 PM-6:35 PM
\$264/11 sess [494499](#)
F Apr 5-Jun 14 6:40 PM-7:10 PM
\$264/11 sess [494502](#)
F Apr 5-Jun 14 7:15 PM-7:45 PM
\$264/11 sess [494503](#)



Martial Arts

Taekwondo Beginner

(5-7 yrs)

Instructor: Endurance Taekwondo Inc.
Tu Th Apr 2-Jun 13 3:30 PM-4:10 PM
\$275/22 sess [498108](#)

Taekwondo Beginner

(8-12 yrs)

Instructor: Endurance Taekwondo Inc.
Tu Th Apr 2-Jun 13 4:15 PM-5:00 PM
\$275/22 sess [498109](#)

Taekwondo Intermediate/

Advanced

(8-13 yrs)

Instructor: Endurance Taekwondo Inc.
Tu Th Apr 2-Jun 13 5:00 PM-5:45 PM
\$275/22 sess [498111](#)

Sportball

Sportball Indoor Multi Sport

(5-7 yrs)

Instructor: Sportball Vancouver
M Apr 15-Jun 10 3:30 PM-4:30 PM
\$148/8 sess [497605](#)

Sportball Indoor Multi Sport

(5-8 yrs)

W Apr 3-May 8 3:30 PM-4:30 PM
\$111/6 sess [497602](#)
W May 15-Jun 19 3:30 PM-4:30 PM
\$111/6 sess [497603](#)

Sportball Outdoor T-Ball

(4-6 yrs)

W May 1-Jun 19 6:15 PM-7:15 PM
\$148/8 sess [497973](#)

Sportball Outdoor Soccer

(5-7 yrs)

Th May 2-Jun 20 5:45 PM-6:45 PM
\$148/8 sess [497987](#)
Sa May 4-Jun 22 11:15 AM-12:15 PM
\$130/7 sess [497992](#)

Indoor Tennis

Summer Smash Tennis Indoors is held in the Kits CC Gymnasium

Indoor Tennis: Mini Aces

(5.6-7.6 yrs)

Instructor: Summer Smash Tennis
Th Apr 4-Apr 25 3:30 PM-4:15 PM
\$90/4 sess [486236](#)

Indoor Tennis: Junior

Fundamentals (7.6-11 yrs)

Th Apr 4-Apr 25 4:15 PM-5:15 PM
\$120/4 sess [486241](#)

Indoor Tennis: Junior Aces

(7.6-11 yrs)

Tu Apr 2-Apr 23 3:30 PM-4:30 PM
\$120/4 sess [486239](#)

Indoor Tennis: Youth Aces

(11-15 yrs)

Tu Apr 2-Apr 23 4:30 PM-5:30 PM
\$120/4 sess [486243](#)

Kits Kids Summer Day Camps (6-12 yrs)

Get ready for a summer of fun and adventure! Activities will include sports, cooperative games, arts & crafts, theatre, dance parties, entertainers and special guests! We will also go on walking out-trips to explore nature and the great outdoors. There will be a mixture of indoor and outdoor activities. Out trips will be within walking distance of the camp's home base. There may also be out trips each week using public transit or charter buses. Parents/Guardians will receive an email prior to camp, outlining camp expectations, guidelines and forms. Children must have completed Kindergarten and be eligible for Grade 1 in order to register for camp. **Waiting lists will be accepted after June 1.**

Week	Dates	Kits Kids (6-12 yrs)	After Care (6-12 yrs) (Must be registered in camp)
		9:00am-3:30pm \$165/5 days \$140/4 days*	3:30pm-5:30pm \$60/5 days \$48/4 days*
1	Tu-F Jul 2-Jul 5 (No camp Jul 1)	493462	494323
2	M-F Jul 8-Jul 12	493463	494324
3	M-F Jul 15-Jul 19	493464	494325
4	M-F Jul 22-Jul 26	493465	494326
5	M-F Jul 29-Aug 2	493466	494327
6	Tu-F Aug 6-Aug 9 (No camp Aug 5)	493467	494328
7	M-F Aug 12-Aug 16	493468	494329
8	M-F Aug 19-Aug 23	493470	494330

Summer Day Camp Information:

- On the first day of camp, parents must provide TWO completed waiver forms (Association and Park Board).
- Pack a snack, lunch, water bottle, sunscreen, swimsuit, hat and jacket daily.
- Refunds are only given with one full week notice.
- All refunds are subject to a \$5 administrative fee, unless the program is cancelled by the Community Centre.

Spring Outdoor Tennis

Outdoor Summer Smash Tennis is held at
McBride Tennis Courts: 3350 West 4th Ave
(@ Waterloo St)

Outdoor: Junior Aces

(7.6-10 yrs)

M Apr 29-Jun 17	3:45 PM-4:45 PM
\$231/7 sess	500229
Tu Apr 30-May 21	3:45 PM-4:45 PM
\$132/4 sess	500230
W May 1-May 22	4:15 PM-5:30 PM
\$165/4 sess	500232
Su May 5-May 26	11:15 AM-12:30 PM
\$165/4 sess	500234
Tu May 28-Jun 18	3:45 PM-4:45 PM
\$132/4 sess	500231
W May 29-Jun 19	4:15 PM-5:30 PM
\$165/4 sess	500233
Su Jun 2-Jun 23	11:15 AM-12:30 PM
\$165/4 sess	500235

Outdoor: Mini Aces (5.6-7 yrs)

W May 1-May 22	3:30 PM-4:15 PM
\$99/4 sess	500223
Th May 2-May 23	3:30 PM-4:15 PM
\$99/4 sess	500225
W May 29-Jun 19	3:30 PM-4:15 PM
\$99/4 sess	500224
Th May 30-Jun 20	3:30 PM-4:15 PM
\$99/4 sess	500226

Outdoor: Junior Fundamentals (7.6-10 yrs)

Th May 2-May 23	4:15 PM-4:30 PM
\$165/4 sess	500227
Th May 30-Jun 20	4:15 PM-4:30 PM
\$165/4 sess	500228

Outdoor: Youth Aces (11-15 yrs)

M Apr 29-Jun 17	5:00 PM-6:00 PM
\$231/7 sess	500276
Tu Apr 30-May 21	4:45 PM-5:45 PM
\$132/4 sess	500278
Sa May 4-May 25	12:00 PM-1:15 PM
\$165/4 sess	500281
Tu May 28-Jun 18	4:45 PM-5:45 PM
\$132/4 sess	500279
Sa Jun 1-Jun 22	12:00 PM-1:15 PM
\$165/4 sess	500282

Outdoor: Youth Fundamentals (11-15 yrs)

Su May 5-May 26	12:30 PM-1:45 PM
\$165/4 sess	500236
Su Jun 2-Jun 23	12:30 PM-1:45 PM
\$165/4 sess	500237

Summer Outdoor Tennis

Outdoor Summer Smash Tennis is held at
McBride Tennis Courts: 3350 West 4th Ave
(@ Waterloo St)

Mini Aces (6-7 yrs)

Instructor: Summer Smash Tennis

Wk 1: Tu-F	
Jul 2-Jul 5	1:00 PM-4:00 PM
\$252/4 sess	500464
Wk 2: M-F	
Jul 8-Jul 12	1:00 PM-4:00 PM
\$315/5 sess	500466
Wk 3: M-F	
Jul 15-Jul 19	1:00 PM-4:00 PM
\$315/5 sess	500467
Wk 4: M-F	
Jul 22-Jul 26	1:00 PM-4:00 PM
\$315/5 sess	500468
Wk 5: M-F	
Jul 29-Aug 2	1:00 PM-4:00 PM
\$315/5 sess	500469
Wk 6: Tu-F	
Aug 6-Aug 9	1:00 PM-4:00 PM
\$252/4 sess	500470
Wk 7: M-F	
Aug 12-Aug 16	1:00 PM-4:00 PM
\$315/5 sess	500471
Wk 8: M-F	
Aug 19-Aug 23	1:00 PM-4:00 PM
\$315/5 sess	500472

Junior Fundamentals + Aces Camp (7.6-10 yrs)

Instructor: Summer Smash Tennis

Wk 1: Tu-F	
Jul 2-Jul 5	1:00 PM-4:00 PM
\$252/4 sess	500476
Wk 2: M-F	
Jul 8-Jul 12	1:00 PM-4:00 PM
\$315/5 sess	500483
Wk 3: M-F	
Jul 15-Jul 19	1:00 PM-4:00 PM
\$315/5 sess	500486
Wk 4: M-F	
Jul 22-Jul 26	1:00 PM-4:00 PM
\$315/5 sess	500488
Wk 5: M-F	
Jul 29-Aug 2	1:00 PM-4:00 PM
\$315/5 sess	500489
Wk 6: Tu-F	
Aug 6-Aug 9	1:00 PM-4:00 PM
\$252/4 sess	500490
Wk 7: M-F	
Aug 12-Aug 16	1:00 PM-4:00 PM
\$315/5 sess	500494
Wk 8: M-F	
Aug 19-Aug 23	1:00 PM-4:00 PM
\$315/5 sess	500496

Youth Fundamentals + Aces Camp (11-15 yrs)

Instructor: Summer Smash Tennis

Wk 1: Tu-F	
Jul 2-Jul 5	9:00 AM-12:00 PM
\$252/4 sess	500506
Wk 2: M-F	
Jul 8-Jul 12	9:00 AM-12:00 PM
\$315/5 sess	500508
Wk 3: M-F	
Jul 15-Jul 19	9:00 AM-12:00 PM
\$315/5 sess	500509
Wk 4: M-F	
Jul 22-Jul 26	9:00 AM-12:00 PM
\$315/5 sess	500510
Wk 5: M-F	
Jul 29-Aug 2	9:00 AM-12:00 PM
\$315/5 sess	500512
Wk 6: Tu-F	
Aug 6-Aug 9	9:00 AM-12:00 PM
\$252/4 sess	500514
Wk 7: M-F	
Aug 12-Aug 16	9:00 AM-12:00 PM
\$315/5 sess	500515
Wk 8: M-F	
Aug 19-Aug 23	9:00 AM-12:00 PM
\$315/5 sess	500516





PRE-TEEN & YOUTH

Education

Red Cross Stay Safe (9-15 yrs)

Instructor: First Aid Hero
Sa Apr 6 10:00 AM-4:00 PM
\$63/1 sess [500697](#)

Red Cross Babysitting Course (11-16 yrs)

Instructor: First Aid Hero
Sa Apr 13 10:00 AM-5:00 PM
\$63/1 sess [500708](#)

Standard First Aid with CPR C/AED (13-18yrs)

Instructor: First Aid Hero
Sa May 18 9:00 AM-4:00 PM
\$160/1 sess [499461](#)

Edventure 4 Youth Homework Club (Grades 6-9)

Instructor: KT Volunteer
Tu Apr 2-Jun 11 3:30 PM-5:00 PM
FREE [496741](#)

Kitchen & Cooking

Easy Bake Kitchen

Instructor: Youth Leader
W Apr 3-Apr 24 4:00 PM-6:00 PM
\$12/4 sess [496706](#)
W May 1-May 29 4:00 PM-6:00 PM
\$15/5 sess [496707](#)
W Jun 5-Jun 26 4:00 PM-6:00 PM
\$12/4 sess [496708](#)

City Wide Youth Pass!



Youth using the Kitsilano facility are required to register for a FREE City Wide Youth Pass. Please have your parent or guardian complete a One Card consent form and return it to a Youth Leader or the Community Youth Worker. Forms can be retrieved in the Youth Lounge.

Social

Pre-Teen Dungeons and Dragons (10-13 yrs)

Instructor: Will Lochhead
Tu Apr 2-May 7 3:30 PM-5:30 PM
\$66/6 sess [496717](#)
Tu May 14-Jun 25 3:30 PM-5:30 PM
\$77/7 sess [496719](#)
W Apr 3-May 8 3:30 PM-5:30 PM
\$66/6 sess [496722](#)
W May 15-Jun 26 3:30 PM-5:30 PM
\$77/7 sess [496723](#)
Th Apr 4-May 9 3:30 PM-5:30 PM
\$66/6 sess [496727](#)
Th May 16-Jun 27 3:30 PM-5:30 PM
\$77/7 sess [496729](#)

Youth Dungeons and Dragons (14-18 yrs)

Instructor: Will Lochhead
W Apr 3-May 8 5:30 PM-8:30 PM
\$99/6 sess [496725](#)
W May 15-Jun 26 5:30 PM-8:30 PM
\$115.50/7 sess [496726](#)
Th Apr 4-May 9 5:30 PM-8:30 PM
\$99/6 sess [496730](#)
Th May 16-Jun 27 5:30 PM-8:30 PM
\$115.50/7 sess [496728](#)

Sports

NEW Ivy's Breakfast Club - Skill Development - Girls

Instructor: Ivy's Breakfast Club
Sa Apr 6-Jun 15 5:00 PM-6:15 PM
\$225/10 sess [497797](#)

NEW Ivy's Breakfast Club - Skill Development - Boys

Instructor: Ivy's Breakfast Club
Sa Apr 6-Jun 15 6:15 PM-7:30 PM
\$225/10 sess [497801](#)

TLC Adapted Youth Programming (13-18 yrs)

TLC is an exciting adaptive program for teens who have autism/ neurodevelopmental diversities with mild to moderate support needs. Join us for social/life skills and fun recreational activities and outings.

Youth have an opportunity to learn independence while forming long lasting friendships in a safe inclusive environment. We offer programs after-school along with summer break and pro-d days.

Note: Youth must first be registered with CYSN through the Ministry of Children and Family Development before registering for TLC. For more information, please contact Sydney the TLC Supervisor at 604-257-6977 or Sydney.Cumpstone@vancouver.ca.



Kits Youth Council

Instructor: Youth Leader
M Apr 8-Jun 24 4:00 PM-6:00 PM
FREE [501780](#)

Youth Lounge Schedule Spring

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Lounge Drop-In 3:00pm-8:00pm	Youth Lounge Drop-In 3:00pm-8:00pm	Youth Lounge Drop-In 3:00pm-8:00pm	Youth Lounge Drop-In 3:00pm-8:00pm	Youth Night Drop-In 3:00pm-9:00pm	Youth Lounge Drop-In 1:00pm-4:30pm

Youth/Preteen Open Gym - See Schedule in Youth Lounge

Do you have a question about our youth programs?

Send it to Stratos, the Community Youth Worker, at Stratos.Charalambides@vancouver.ca or call at 604-257-6991.



ADULT (19+)

Adults over 65 may receive a 15% discount by registering in qualifying programs. *Drop-ins not applicable.

Languages

English Corner

Instructor: Fay Mottahed
Su Apr 7-Jun 23 5:45 PM-7:45 PM
\$3/12 sess [494795](#)

Mandarin - All Levels

Instructor: Victoria Gong
Th Apr 4-Jun 6 1:00 PM-2:30 PM
\$210/10 sess [494774](#)

Spanish for Beginners - Level 1

Instructor: Gloria Alonso
Tu Apr 9-Jun 18 6:15 PM-7:45 PM
\$198/11 sess [494751](#)

Spanish for Beginners - Level 2

Instructor: Gloria Alonso
Tu Apr 9-Jun 18 7:45 PM-9:15 PM
\$198/11 sess [494752](#)

Music

NEW Talent & Vocal Training

Instructor: Jan Cooper
Info Session
Sa Apr 6 12:30 PM-2:30 PM
Free [501396](#)

NEW Talent Training

Instructor: Jan Cooper
Sa Apr 13-Jun 1 12:30 PM-2:30 PM
\$136/8 sess [499413](#)

NEW Vocal Training

Instructor: Jan Cooper
Sa Apr 13-Jun 1 10:00 AM-12:00 PM
\$136/8 sess [499412](#)

Ukulele Group Lessons: Beginner Level 1

Instructor: Joseph Young
Su Apr 14-Jun 16 10:30 AM-11:30 AM
\$100/10 sess [494835](#)

Ukulele Group Lessons: Beginner Level 2

Instructor: Joseph Young
Su Apr 14-Jun 16 11:45 AM-12:45 PM
\$100/10 sess [494836](#)

Ukulele Group Lessons: Beginner Level 3

Instructor: Joseph Young
Su Apr 14-Jun 16 1:00 PM-2:00 PM
\$100/10 sess [494837](#)

Food, Garden and Crafts with Village Vancouver

Kitsilano Community Garden

Sa Apr 6-Jun 29 1:45 PM-3:45 PM
Free/13 sess [501116](#)

Drip Irrigation for a Waterwise World

F Apr 12 6:30 PM-8:30 PM
\$25/1 sess [501130](#)

Building an Herb Spiral

Tu Apr 16 6:30 PM-8:30 PM
\$25/1 sess [501132](#)

Cordage and Coiled Basket

Th Apr 18 6:30 PM-8:30 PM
\$25/1 sess [501138](#)

Balcony, Container and Small Space

M Apr 22 6:30 PM-8:30 PM
\$25/1 sess [501141](#)

Native Edibles Talk and Walk

Tu Apr 30 6:30 PM-8:30 PM
\$25/1 sess [501147](#)

Indoor Vertical Gardening

F May 10 6:30 PM-8:30 PM
\$25/1 sess [501149](#)

DIY Crochet Dishcloths

Th May 23 6:30 PM-8:30 PM
\$25/1 sess [501163](#)

Craft Tea Making

W May 29 6:30 PM-8:30 PM
\$25/1 sess [501164](#)

Mandala of Dreams and Nature

Th Jun 6 6:30 PM-8:30 PM
\$25/1 sess [501166](#)

Mini-Macrame Wall Hangings

Th Jun 13 6:30 PM-8:30 PM
\$25/1 sess [501167](#)

Zero Waste in the Kitchen and DIY

F Jun 14 6:30 PM-8:30 PM
\$25/1 sess [501170](#)

Cool Summer Drinks

W Jun 26 6:30 PM-8:30 PM
\$25/1 sess [501171](#)

DIY Planter Box Giveaway

Sa Jun 29 2:45 PM-3:45 PM
Free/1 sess [501172](#)

Wine Education

NEW Explore New Zealand Wine

Instructor: Angela Ford
Sa May 11 5:00 PM-7:00 PM
\$35/1 sess [496177](#)

Kitchen & Cooking

Hands on Fresh Pasta Making - Hands on Fettuccine

Instructor: Pasta Boy Peter Inc.
Su Apr 7 10:30 AM-1:15 PM
\$100/1 sess [499473](#)
Su Jun 9 10:30 AM-1:15 PM
\$100/1 sess [499483](#)

Gnocchi - Vegetarian

Instructor: Pasta Boy Peter Inc.
Su Apr 7 2:45 PM-5:15 PM
\$100/1 sess [499475](#)

Hands on Puglia Pasta - Short Shapes

Instructor: Pasta Boy Peter Inc.
Su May 26 2:45 PM-5:15 PM
\$83/1 sess [499481](#)

Hands on Ravioli Making

Instructor: Pasta Boy Peter Inc.
Su May 26 10:30 AM-1:15 PM
\$100/1 sess [499480](#)

Roman Sauces Trinity & Pasta Pairing

Instructor: Pasta Boy Peter Inc.
Su Jun 9 2:45 PM-5:15 PM
\$83/1 sess [499484](#)

NEW Mexican Food Board to Celebrate 5 de Mayo

Instructor: TBA Instructor
Su Apr 28 10:30 AM-12:45 PM
\$47.25/1 sess [496511](#)

Kits Village Plastic Recycling Depot

Drop off your clean, pre-sorted plastics at our free Kits Village recycling depot located on the south patio, immediately north of w 12th Ave. and Larch Street. Please arrive no later than 6:45PM. No registration required. For more information, please visit villagevancouver.ca.

Th Apr 18 6:00 PM-7:00 PM
Th May 16 6:00 PM-7:00 PM
Th Jun 13 6:00 PM-7:00 PM



Social

Bridge Lessons - Beginners

Instructor: Glenda Affleck
Th Apr 25-Jun 27 5:15 PM-7:15 PM
\$110/10 sess [494747](#)

Bridge Lessons - Advancing Beginners

Instructor: Glenda Affleck
Th Apr 25-Jun 27 7:30 PM-9:30 PM
\$110/10 sess [494748](#)

Duplicate Bridge

Facilitator: Carrie Beavington
Tu F Apr 5-Jun 28 6:15 PM-9:45 PM
[494756](#)
\$1.90/ class 10 Tickets: \$20

Education

Estate Planning: What You Should Know

Instructor: David Perkins
W Apr 24 1:00 PM-2:30 PM
Free [501274](#)

NEW Nutrition & Mental Health

Instructor: Sandra Millward
Th May 9 6:30 PM-8:00 PM
\$35/1 sess [496183](#)

Tax Planning for Assisted Living & Long Term Care Options

Instructor: David Perkins
W Jun 26 10:30 AM-12:00 PM
Free [501275](#)

NEW VPD Personal Safety Workshop for Women

Instructor: Vancouver Police Department
Th Jun 6 6:00 PM-8:00 PM
Free [498990](#)

NEW Writing for the Web

Instructor: Stacy Reynaut
W Sa Apr 17-Apr 27
W 5:45 PM-7:45 PM
Sa 12:00 PM-2:00 PM
\$75/4 sess 499458

Creative Arts

NEW Acrylic Paint Night

NEW
Instructor: Chloe Greenberg
Sa Apr 20 4:00 PM-6:30 PM
\$45/1 sess [497209](#)
Sa May 25 4:00 PM-6:30 PM
\$45/1 sess [497210](#)
Sa Jun 15 4:00 PM-6:30 PM
\$45/1 sess [497211](#)

By Hand - for Makers - a Free Weekly Drop In

Th Apr 4-Jun 27 2:00 PM-4:00 PM
Free [494777](#)

NEW Ink and Watercolour Exploration for Beginners

NEW
Instructor: Olya Krasavina
M Apr 15-Jun 10 12:45 PM-2:45 PM
\$360/8 sess [494779](#)

NEW Interior Design for Beginners, Fun!

Instructor: Barbara Smyth
W May 1-Jun 5 6:00 PM-7:30 PM
\$90/6 sess [496185](#)

The Joy of Acrylic Painting

Instructor: Philip Tsang
Tu Apr 16-Jun 18 10:30 AM-12:30 PM
\$250/10 sess [494822](#)

Dance

Ballet - Introduction/Beginner

Instructor: Sally Laing Hulme
Su Apr 14-Jun 9 1:00 PM-2:30 PM
\$112/8 sess [494783](#)
Drop in \$16, space permitting

Ballet - Intermediate

Instructor: Sally Laing Hulme
Su Apr 14-Jun 9 2:45 PM-4:15 PM
\$112/8 sess [494782](#)
Drop in \$16, space permitting

Belly Dance - Beginner

Instructor: Gail (Rahma) Haddad
Su Apr 7 4:30 PM-6:00 PM
Free Trial [498136](#)
Su Apr 14-Jun 16 4:30 PM-6:00 PM
\$126/9 sess [494775](#)
Drop in \$16, space permitting

Belly Dance - Intermediate

Instructor: Gail (Rahma) Haddad
Su Apr 7-Jun 16 6:00 PM-7:30 PM
\$140/10 sess [494776](#)

Dance

Latin Funk Dance

Instructor: Latin Funk Dance
M Apr 15-Jun 24 7:45 PM-8:45 PM
\$130/10 sess [494773](#)
Drop in \$15, space permitting

BeMoved

Instructor: Anita Siu
W Apr 3 1:00 PM-2:00 PM
Free Trial [494821](#)
W Apr 10-May 15 1:00 PM-2:00 PM
\$84/6 sess [494819](#)
W May 22-Jun 26 1:00 PM-2:00 PM
\$84/6 sess [494820](#)
Drop in \$16, space permitting

Recreational Line Dancing

Instructor: Lisa Dong
Sa Apr 13-May 18 10:30 AM-12:00 PM
\$42/6 sess [494761](#)
Sa May 25-Jun 29 10:30 AM-12:00 PM
\$42/6 sess [494762](#)
Drop in \$8.50, space permitting

Martial Arts

Qigong

Instructor: Kelly Maclean
Su Apr 7-Jun 23 9:30 AM-10:30 AM
\$176/11 sess [494790](#)
Drop in \$20, space permitting

Tai Chi - 24 Form (Suitable for Beginners)

Instructor: Kelly Maclean
Su Apr 7-Jun 23 11:30 AM-12:30 PM
\$176/11 sess [494791](#)
Drop in \$20, space permitting

Tai Chi - 48 Form Part Two

Instructor: Kelly Maclean
Su Apr 7-Jun 23 10:30 AM-11:30 AM
\$176/11 sess [494792](#)
Drop in \$20, space permitting

Tai Chi - Chen Style Lao Jia Pt Two

Instructor: Kelly Maclean
Th Apr 11-Jun 27 6:00 PM-7:00 PM
\$192/12 sess [494793](#)
Drop in \$20, space permitting

Tai Chi - Traditional Yang Style 108 Form Pt Two

Instructor: Kelly Maclean
Th Apr 11-Jun 27 7:00 PM-8:00 PM
\$192/12 sess [494794](#)
Drop in \$20, space permitting



Yoga

Creative Yoga

Instructor: Natalia Nimetz

Tu Apr 9-May 14 4:45 PM-6:15 PM

\$85.50/6 sess [494796](#)

Tu May 21-Jun 25 4:45 PM-6:15 PM

\$85.50/6 sess [494800](#)

Drop in \$16, space permitting

everyBODYyoga with Klara

Kroupa

Instructor: Klara Kroupa

W Apr 10-May 15 4:30 PM-5:30 PM

\$96/6 sess [494780](#)

Drop in \$16, space permitting

Gentle Yoga

Instructor: Natalia Nimetz

F Apr 5-May 10 10:30 AM-12:00 PM

\$85.50/6 sess [494801](#)

F May 17-Jun 28 10:30 AM-12:00 PM

\$99.75/7 sess [494799](#)

Drop in \$16, space permitting

Gentle Yoga with Sharon

Instructor: Sharon Friesen

Tu Apr 9-May 14 9:00 AM-10:00 AM

\$90/6 sess [494771](#)

Tu May 21-Jun 25 9:00 AM-10:00 AM

\$90/6 sess [494772](#)

Drop in \$18, space permitting

Hatha Flow Yoga

Instructor: Nadine Agosti

W Apr 10-May 15 7:15 PM-8:15 PM

\$108/6 sess [494749](#)

W May 22-Jun 26 7:15 PM-8:15 PM

\$108/6 sess [494750](#)

Drop in \$19, space permitting

Hatha+Yin Yoga with Pamela

Instructor: Pamela Ferman

M Apr 8-May 13 6:00 PM-7:15 PM

\$80/5 sess [494763](#)

M May 27-Jun 24 6:00 PM-7:15 PM

\$80/5 sess [494764](#)

Drop in \$19, space permitting

Hatha+Yin Yoga with Pamela in the AM

Instructor: Pamela Ferman

Th Apr 4 9:15 AM-10:15 AM

Free Trial [494767](#)

Th Apr 11-May 16 9:15 AM-10:15 AM

\$80/5 sess [494765](#)

Th May 23-Jun 27 9:15 AM-10:15 AM

\$96/6 sess [494766](#)

Drop in \$19, space permitting

Yoga

Iyengar Yoga with Linda

Instructor: Linda Shevloff

W Apr 10-May 15 10:45 AM-12:15 PM

\$150/6 sess [494809](#)

W May 22-Jun 26 10:45 AM-12:15 PM

\$150/6 sess [494810](#)

Iyengar Yoga Monthly Tune-Up

Instructor: Luci Yamamoto

Sa May 4 2:00 PM-4:00 PM

\$36/1 sess [500889](#)

Sa Jun 22 2:00 PM-4:00 PM

\$36/1 sess [500890](#)

Iyengar Yoga with Luci

Instructor: Luci Yamamoto

Th Apr 18-May 23 10:30 AM-12:00 PM

\$150/6 sess [500876](#)

Th May 30-Jun 27 10:30 AM-12:00 PM

\$125/5 sess [500880](#)

Su Apr 14-May 19 9:00 AM-10:30 AM

\$150/6 sess [500883](#)

Su May 26-Jun 30 9:00 AM-10:30 AM

\$150/6 sess [500884](#)

Drop in \$27, space permitting

Learn About Iyengar Yoga

Instructor: Linda Shevloff

Sa Apr 13 4:30 PM-6:30 PM

\$12/1 sess [500715](#)

Restorative Yin Yoga

Workshop

Instructor: Pamela Ferman

Sa Apr 13 2:00 PM-4:00 PM

\$35/1 sess [494768](#)

Sa May 11 2:00 PM-4:00 PM

\$35/1 sess [494769](#)

Sa Jun 8 2:00 PM-4:00 PM

\$35/1 sess [494770](#)

Yoga4Stiff Guys' - All Levels

Instructor: Yoga4Stiff People

M Apr 8-May 13 5:30 PM-6:30 PM

\$84/6 sess [494802](#)

M May 27-Jun 24 5:30 PM-6:30 PM

\$70/5 sess [494803](#)

W Apr 10-May 15 6:15 PM-7:15 PM

\$84/6 sess [494804](#)

W May 22-Jun 26 6:15 PM-7:15 PM

\$84/6 sess [494805](#)

Drop in \$16, space permitting

Prenatal and Postnatal Yoga

Parent & Baby Yoga with Lynda

Instructor: Lynda Sing

Tu Apr 9-May 14 1:30 PM-2:30 PM

\$108/6 sess [494811](#)

Tu May 28-Jun 25 1:30 PM-2:30 PM

\$90/5 sess [494812](#)

Drop in \$20, space permitting

Prenatal Yoga with Lynda

Instructor: Lynda Sing

Tu Apr 9-May 14 6:15 PM-7:15 PM

\$108/6 sess [494813](#)

Tu May 28-Jun 25 6:15 PM-7:15 PM

\$90/5 sess [494814](#)

W Apr 10-May 15 6:00 PM-7:00 PM

\$108/6 sess [494815](#)

W May 29-Jun 26 6:00 PM-7:00 PM

\$90/5 sess [494816](#)

Sa Apr 20-May 11 10:00 AM-11:00 AM

\$72/4 sess [494817](#)

Sa May 25-Jun 29 10:00 AM-11:00 AM

\$108/6 sess [494818](#)

Drop in \$20, space permitting

Pilates

Pilates Plus

Instructor: Alannah Lori

W Apr 10-May 15 7:00 PM-8:00 PM

\$81/6 sess [494788](#)

W May 22-Jun 26 7:00 PM-8:00 PM

\$81/6 sess [494789](#)

Drop in \$15, space permitting

Mat Pilates

Instructor: Vienna Luke

M Apr 8-May 13 10:00 AM-11:00 AM

\$68.75/5 sess [494786](#)

M May 27-Jun 17 10:00 AM-11:00 AM

\$55/4 sess [494784](#)

Tu Apr 9-May 14 6:30 PM-7:30 PM

\$68.75/5 sess [494787](#)

Tu May 28-Jun 18 6:30 PM-7:30 PM

\$55/4 sess [494785](#)

Drop in \$15, space permitting



Fitness & Health

ABM NeuroMovement® Healthy Back, Neck and Shoulders

Instructor: Claire Sandham

W Apr 10-May 15 7:30 PM-8:30 PM

\$96/6 sess 494806

Th Apr 11-May 16 10:00 AM-11:00 AM

\$96/6 sess 494807

Drop in \$18, space permitting

CALLANETICS

Instructor: Linda Shedden

M Apr 8-Jun 17 7:45 PM-8:45 PM

\$161.90/10 sess [494808](#)

Drop in \$20, space permitting

Group Power®

Instructor: Wong, Ella

M Apr 8-Jun 24 8:00 AM-9:00 AM

Instructor: Wick, Jennifer

W Apr 3-Jun 26 9:15 AM-10:15 AM

Instructor: Di Venanzo, Karen

Th Apr 4-May 30 1:30 PM-2:30 PM

Instructor: Di Venanzo, Karen

F Apr 5-Jun 28 8:00 AM-9:00 AM

Drop in: \$5.71/ class

Group Power 10 Visit Pass: \$55

Stretch Therapy

Instructor: Rob Cole

Th Apr 18-May 23 7:15 PM-8:25 PM

\$150/6 sess [494759](#)

Drop in \$30, space permitting

ZUMBA®

Instructor: Zumba Vancouver

M Apr 8-May 13 6:45 PM-7:45 PM

\$82.50/6 sess [494823](#)

M May 27-Jun 24 6:45 PM-7:45 PM

\$68.75/5 sess [494831](#)

W Apr 3-May 15 6:45 PM-7:45 PM

\$96.25/7 sess [494824](#)

W May 22-Jun 26 6:45 PM-7:45 PM

\$82.50/6 sess [494832](#)

Drop in \$15, space permitting

ZUMBA® Gold - Beginners & Seniors

Instructor: Zumba Vancouver

Tu Apr 2-May 14 1:30 PM-2:30 PM

\$96.25/7 sess [494827](#)

Tu May 21-Jun 25 1:30 PM-2:30 PM

\$82.50/6 sess [494833](#)

Th Apr 4-May 16 1:00 PM-2:00 PM

\$96.25/7 sess [494828](#)

Th May 23-Jun 27 1:00 PM-2:00 PM

\$82.50/6 sess [494834](#)

Drop in \$15, space permitting



Sports - Instructional

Pickleball Stage 1: Learn to Play

Instructor: Mona Lee

Su Apr 7-May 12 12:30 PM-2:30 PM

\$159/6 sess [496182](#)

Su May 26-Jun 30 12:30 PM-2:30 PM

\$159/6 sess [497067](#)

Pickleball Stage 2/Stage 3: Eliminating Unforced Errors

Instructor: Mona Lee

F Apr 12-May 17 1:30 PM-3:00 PM

\$123/6 sess [496181](#)

F May 24-Jun 28 1:30 PM-3:00 PM

\$123/6 sess [497069](#)

Sports – Drop-In

Please note: Participants can check-in up to 30 minutes before at the Front Office. Space will be held for registered participants for 5 minutes after the start of the program; after this time, spots will be sold to drop-in players. In the event that you are unable to attend any particular session, your registered spot is non-transferable.

These programs are non-instructional. Drop-ins: To be put on the waitlist, please call the Front Office starting at 8:15AM on game day (8:30AM on Sat/Sun) – 604.257.6976

Badminton - All Levels

W Apr 3-Apr 24 8:00 PM-10:00 PM

\$20/4 sess [494852](#)

W May 1-May 29 8:00 PM-10:00 PM

\$25/5 sess [494853](#)

W Jun 5-Jun 26 8:00 PM-10:00 PM

\$20/4 sess [494854](#)

Su Apr 7-Apr 28 5:00 PM-7:00 PM

\$20/4 sess [501356](#)

Su May 5-May 26 5:00 PM-7:00 PM

\$20/4 sess [501360](#)

Su Jun 2-Jun 30 5:00 PM-7:00 PM

\$25/5 sess [501361](#)

Basketball - Recreational

M Apr 8-Apr 29 8:00 PM-10:00 PM

\$20/4 sess [494855](#)

M May 6-May 27 8:00 PM-10:00 PM

\$15/3 sess [494856](#)

M Jun 3-Jun 24 8:00 PM-10:00 PM

\$20/4 sess [494857](#)

Pickleball - All Levels

M Apr 8-Apr 29 11:45 AM-1:45 PM

\$20/4 sess [494858](#)

M May 6-May 27 11:45 AM-1:45 PM

\$15/3 sess [494859](#)

M Jun 3-Jun 24 11:45 AM-1:45 PM

\$20/4 sess [494860](#)

Th Apr 4-Apr 25 8:00 PM-10:00 PM

\$20/4 sess [494861](#)

Th May 2-May 30 8:00 PM-10:00 PM

\$25/5 sess [494862](#)

Th Jun 13-Jun 27 8:00 PM-10:00 PM

\$15/3 sess [494863](#)

Su Apr 7-Apr 28 2:45 PM-4:45 PM

\$20/4 sess [501323](#)

Su May 5-May 26 2:45 PM-4:45 PM

\$20/4 sess [501324](#)

Su Jun 2-Jun 30 2:45 PM-4:45 PM

\$25/5 sess [501325](#)

Soccer - Masters

Tu Apr 2-Apr 30 6:00 PM-7:45 PM

\$22/5 sess [494864](#)

Tu May 7-May 28 6:00 PM-7:45 PM

\$17.6/4 sess [494865](#)

Tu Jun 4-Jun 25 6:00 PM-7:45 PM

\$17.6/4 sess [494866](#)

Volleyball - Recreational

Tu Apr 2-Apr 30 8:00 PM-10:00 PM

\$25/5 sess [494867](#)

Tu May 7-May 28 8:00 PM-10:00 PM

\$20/4 sess [494868](#)

Tu Jun 4-Jun 25 8:00 PM-10:00 PM

\$20/4 sess [494869](#)



*Spring Outdoor Tennis
with Summer Smash Tennis*

Outdoor: Adult Beginner (1.0)

McBride Park

M Apr 29-Jun 17 8:30 AM-9:30 AM
\$231/7 sess [500285](#)
Tu Apr 30-May 21 7:30 AM-8:30 AM
\$132/4 sess [500290](#)
W May 1-May 22 8:30 AM-9:30 AM
\$132/4 sess [500292](#)
Th May 2-May 23 7:30 AM-8:30 AM
\$132/4 sess [500294](#)
Th May 2-May 23 5:30 PM-6:45 PM
\$165/4 sess [500296](#)
F May 3-May 24 3:00 PM-4:15 PM
\$165/4 sess [500298](#)
Su May 5-May 26 10:00 AM-11:15 AM
\$165/4 sess [500300](#)
Tu May 28-Jun 18 7:30 AM-8:30 AM
\$132/4 sess [500291](#)
W May 29-Jun 19 8:30 AM-9:30 AM
\$132/4 sess [500293](#)
Th May 30-Jun 20 7:30 AM-8:30 AM
\$132/4 sess [500295](#)
Th May 30-Jun 20 5:30 PM-6:45 PM
\$165/4 sess [500297](#)
F May 31-Jun 21 3:00 PM-4:15 PM
\$165/4 sess [500299](#)
Su Jun 2-Jun 23 10:00 AM-11:15 AM
\$165/4 sess [500301](#)

Outdoor: Adult Beginner+ (1.5)

Kits Beach Tennis Courts

Th May 2-May 23 7:30 AM-8:30 AM
\$132/4 sess [500312](#)
Th May 30-Jun 20 7:30 AM-8:30 AM
\$132/4 sess [500313](#)

McBride Park

M Apr 29-Jun 17 9:30 AM-10:30 AM
\$231/7 sess [500302](#)
Tu Apr 30-May 21 8:30 AM-9:30 AM
\$132/4 sess [500304](#)
Tu Apr 30-May 21 5:45 PM-7:00 PM
\$165/4 sess [500306](#)
W May 1-May 22 7:30 AM-8:30 AM
\$132/4 sess [500308](#)
W May 1-May 22 5:30 PM-6:45 PM
\$165/4 sess [500310](#)
Th May 2-May 23 8:30 AM-9:45 AM
\$165/4 sess [500314](#)
F May 3-May 24 4:15 PM-5:30 PM
\$165/4 sess [500316](#)
Sa May 4-May 25 9:30 AM-10:45 AM
\$165/4 sess [500321](#)
Tu May 28-Jun 18 8:30 AM-9:30 AM
\$132/4 sess [500305](#)
Tu May 28-Jun 18 5:45 PM-7:00 PM
\$165/4 sess [500307](#)
W May 29-Jun 19 7:30 AM-8:30 AM
\$132/4 sess [500309](#)
W May 29-Jun 19 5:30 PM-6:45 PM
\$165/4 sess [500311](#)
Th May 30-Jun 20 8:30 AM-9:45 AM
\$165/4 sess [500315](#)
F May 31-Jun 21 4:15 PM-5:30 PM
\$165/4 sess [500318](#)
Sa Jun 1-Jun 22 9:30 AM-10:45 AM
\$165/4 sess [500323](#)

Outdoor: Adult Beginner++ (2.0)

Kits Beach Tennis Courts

Tu Apr 30-May 21 7:30 AM-8:30 AM
\$140/4 sess [500330](#)
Sa May 4-May 25 10:45 AM-12:00 PM
\$175/4 sess [500335](#)
Tu May 28-Jun 18 7:30 AM-8:30 AM
\$140/4 sess [500332](#)
Sa Jun 1-Jun 22 10:45 AM-12:00 PM
\$175/4 sess [500336](#)

McBride Park

M Apr 29-May 13 6:00 PM-7:15 PM
\$131.25/3 sess [500327](#)
M May 27-Jun 17 6:00 PM-7:15 PM
\$175/4 sess [500329](#)

Outdoor: Adult Intermediate

(2.5-3.0)

Kits Beach Tennis Courts

Tu Apr 30-May 21 8:30 AM-9:45 AM
\$185/4 sess [500359](#)
W May 1-May 22 7:30 AM-8:45 AM
\$185/4 sess [500366](#)
Th May 2-May 23 8:30 AM-9:45 AM
\$185/4 sess [500371](#)
Tu May 28-Jun 18 8:30 AM-9:45 AM
\$185/4 sess [500363](#)
W May 29-Jun 19 7:30 AM-8:45 AM
\$185/4 sess [500367](#)
Th May 30-Jun 20 8:30 AM-9:45 AM
\$185/4 sess [500373](#)

McBride Park

F May 3-May 24 7:30 AM-8:30 AM
\$148/4 sess [500378](#)
F May 3-May 24 11:30 AM-12:45 PM
\$148/4 sess [500406](#)
F May 31-Jun 21 7:30 AM-8:30 AM
\$148/4 sess [500383](#)
F May 31-Jun 21 11:30 AM-12:45 PM
\$185/4 sess [500409](#)

Outdoor: Adult Intermediate

(3.0-3.5)

Kits Beach Tennis Courts

W May 1-May 22 8:45 AM-10:00 AM
\$200/4 sess [500430](#)

McBride Park

F May 3-May 24 8:30 AM-9:45 AM
\$200/4 sess [500436](#)
F May 3-May 24 12:45 PM-2:00 PM
\$200/4 sess [500440](#)
F May 31-Jun 21 8:30 AM-9:45 AM
\$200/4 sess [500439](#)
F May 31-Jun 21 12:45 PM-2:00 PM
\$200/4 sess [500441](#)

*Summer Outdoor Tennis
with Summer Smash Tennis*

Outdoor: Adult Beginner (1.0)

Kits Beach Tennis Courts

Tu Th Jul 2-Jul 11 7:30 AM-8:30 AM
\$132/4 sess [500524](#)
Tu Th Jul 16-Jul 25 7:30 AM-8:30 AM
\$132/4 sess [500525](#)
Tu Th Jul 30-Aug 8 7:30 AM-8:30 AM
\$132/4 sess [500526](#)
Tu Th Aug 13-Aug 22 7:30 AM-8:30 AM
\$132/4 sess [500527](#)

Outdoor: Adult Beginner (1.0)

McBride Park

Tu Th Jul 2-Jul 11 5:00 PM-6:15 PM
\$165/4 sess [500528](#)
Tu Th Jul 16-Jul 25 5:00 PM-6:15 PM
\$165/4 sess [500529](#)
Tu Th Jul 30-Aug 8 5:00 PM-6:15 PM
\$165/4 sess [500530](#)
Tu Th Aug 13-Aug 22 5:00 PM-6:15 PM
\$165/4 sess [500531](#)

Outdoor: Adult Beginner+ (1.5)

Kits Beach Tennis Courts

Tu Th Jul 2-Jul 11 8:30 AM-9:30 AM
\$132/4 sess [500532](#)
Tu Th Jul 16-Jul 25 8:30 AM-9:30 AM
\$132/4 sess [500533](#)
Tu Th Jul 30-Aug 8 8:30 AM-9:30 AM
\$132/4 sess [500534](#)
Tu Th Aug 13-Aug 22 8:30 AM-9:30 AM
\$132/4 sess [500535](#)

McBride Park

Tu Th Jul 2-Jul 11 6:15 PM-7:30 PM
\$165/4 sess [500545](#)
M W Jul 3-Jul 10 5:00 PM-6:15 PM
\$123.75/3 sess [500536](#)
M W Jul 15-Jul 24 5:00 PM-6:15 PM
\$165/4 sess [500538](#)
Tu Th Jul 16-Jul 25 6:15 PM-7:30 PM
\$165/4 sess [500546](#)
M W Jul 29-Aug 7 5:00 PM-6:15 PM
\$123.75/3 sess [500540](#)
Tu Th Jul 30-Aug 8 6:15 PM-7:30 PM
\$165/4 sess [500548](#)
M W Aug 12-Aug 21 5:00 PM-6:15 PM
\$165/4 sess [500541](#)
Tu Th Aug 13-Aug 22 6:15 PM-7:30 PM
\$165/4 sess [500549](#)

Outdoor: Adult Beginner++(2.0)

Kits Beach Tennis Courts

M W Jul 3-Jul 10 7:30 AM-8:30 AM
\$105/3 sess [500564](#)
M W Jul 15-Jul 24 7:30 AM-8:30 AM
\$140/4 sess [500566](#)
M W Jul 29-Aug 7 7:30 AM-8:30 AM
\$105/3 sess [500567](#)
M W Aug 12-Aug 21 7:30 AM-8:30 AM
\$140/4 sess [500571](#)

McBride Park

M W Jul 3-Jul 10 6:15 PM-7:30 PM
\$131.25/3 sess [500573](#)
M W Jul 15-Jul 24 6:15 PM-7:30 PM
\$175/4 sess [500574](#)
M W Jul 29-Aug 7 6:15 PM-7:30 PM
\$131.25/3 sess [500575](#)
M W Aug 12-Aug 21 6:15 PM-7:30 PM
\$175/4 sess [500576](#)

Outdoor: Adult Intermediate

(2.5-3.0)

Kits Beach Tennis Courts

M W Jul 3-Jul 10 8:30 AM-9:45 AM
\$138.75/3 sess [500583](#)
M W Jul 15-Jul 24 8:30 AM-9:45 AM
\$185/4 sess [500584](#)
M W Jul 29-Aug 7 8:30 AM-9:45 AM
\$138.75/3 sess [500589](#)
M W Aug 12-Aug 21 8:30 AM-9:45 AM
\$185/4 sess [500591](#)



Group Fitness Class Schedule April 2 - June 30, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cardio Interval 9:00-10:00 AM <i>Bitá</i> No class Apr 1 & May 20	Classic Stretch 9:00-10:00 AM <i>Sasha</i>	Cardio Combo 9:00-10:00 AM <i>Ferial</i>	Step Plus 8:30-9:30 AM <i>Gus</i>	Step Interval 9:00-10:00 AM <i>Rilla</i> No class Mar 29	Step Interval 8:45-10:00 AM <i>Suzanne</i> No class Mar 23	Core & Balance 9:00-10:00 AM <i>Ferial</i>
Gentle Fit 10:15-11:15 AM <i>Audrey</i> No class Apr 1 & May 20		Gentle Fit 10:15-11:15 AM <i>Audrey</i>		Classic Stretch 9:15-10:15 AM <i>Sharon</i> No class Mar 29	Classic Stretch 9:15-10:15 AM <i>Alannah</i> No class Mar 23	
		Strength & Core 5:30-6:30 PM <i>Devon</i>	Total Body Conditioning 5:30-6:30 PM <i>Bitá</i> No class June 6		Please note the following: Schedule and fees are subject to change (i.e. cancellation due to instructor illness, insufficient attendance) * Classes are not scheduled on Stat Holidays, and community events: Mar 23, Mar 29, Apr 1, May 20, June 6	

Class		Description
Mild	Gentle Fit	Perfect for beginners, those returning to fitness or recovering for an injury. Gentle movements to start your day. Class may use mats, chairs, light weights and bands. Talk to the instructors about any concerns.
	Stretch Classes	This no cardio class will focus on increasing flexibility and calming the mind.
Moderate to Challenging	Cardio Interval	A mix of cardio training and weight training work every 10 minutes. This class is of moderate to challenging intensity.
	Total Body Conditioning (TBC)	Come and join this class to build your power, speed, coordination and improve your overall fitness. A varied class that will hit those areas that other workouts miss. All levels are welcome.
	Step Interval	Low-impact step cardio with strength training intervals followed by core work and a relaxing stretch.
	Step Plus	Challenging step aerobics with some choreography and strength and core training using hand weights, resistance bands and body weight. Approximately 30 minutes of cardio.
	Strength & Core	Using own bodyweight, dumbbells and steps for a full body workout that includes a variety of weight training exercises to build muscles; support back and abdominal strength. A powerful class that will leave you feeling great and accomplished.

Fees - FitCard allows unlimited number of classes on schedule above

<i>Prices do not include tax. Fees are subject to change.</i>	Drop-in	10-visit Pass	1-month Fit Card	Pass Refund Policy: Passes will not be refunded for closures, stat holidays, cancelled programs, or no instructors available. 1 month passes have up to 15 calendar days after day of purchase to refund: After 15 days, no refunds. Pass Suspension Policy: Passes may be suspended a minimum 2 weeks, up to the length of the remainder of the pass.	
	Adult (19-64 yrs)	\$6.00	\$54.00		\$50.00
	Senior (65+ yrs)	\$4.85	\$44.00		\$40.00



SENIORS

Movement Based Fitness

ABM NeuroMovement® Healthy Back, Neck and Shoulders

Instructor: Claire Sandham

Th Apr 11-May 16 10:00 AM-11:00 AM
\$96/6 sess 494807
W Apr 10-May 15 7:30 PM-8:30 PM
\$96/6 sess 494806
Drop in \$18, space permitting

NEW Osteo Fit

Instructor: Berdjis Bahrami

F Apr 12-May 17 10:00 AM-11:00 AM
\$36/6 sess 494753
F May 24-Jun 28 10:00 AM-11:00 AM
\$36/6 sess 494754
Drop in \$6.50, space permitting

ZUMBA® Gold - Beginners & Seniors

Instructor: Zumba Vancouver

Tu Apr 2-May 14 1:30 PM-2:30 PM
\$96.25/7 sess 494827
Tu May 21-Jun 25 1:30 PM-2:30 PM
\$82.50/6 sess 494833
Th Apr 4-May 16 1:00 PM-2:00 PM
\$96.25/7 sess 494828
Th May 23-Jun 27 1:00 PM-2:00 PM
\$82.50/6 sess 494834
Drop in \$15, space permitting

Dance

Recreational Line Dancing

Instructor: Lisa Dong

Sa Apr 13-May 18 10:30 AM-12:00 PM
\$42/6 sess 494761
Sa May 25-Jun 29 10:30 AM-12:00 PM
\$42/6 sess 494762
Drop in \$8.50, space permitting

Health & Wellness

Kitsilano MS Support Group

Instructor: Daina Balodis

F Apr 5-Jun 28 1:00 PM-3:00 PM
Free 494755

Social

Bridge Lessons - Beginners

Instructor: Glenda Affleck

Th Apr 25-Jun 27 5:15 PM-7:15 PM
\$110/10 sess 494747

Bridge Lessons - Advancing Beginners

Instructor: Glenda Affleck

Th Apr 25-Jun 27 7:30 PM-9:30 PM
\$110/10 sess 494748

Duplicate Bridge

Facilitator: Carrie Beavington

Tu F Apr 5-Jun 28 6:15 PM-9:45 PM
494756

\$1.90/ class 10 Tickets: \$20

Karaoke Drop-In

Drop in \$2, space permitting

F Apr 5-Jun 21 1:30 PM-2:30 PM
\$2/1 sess 496944

NEW Mah Jong: Hong Kong Style

Pre-Register or Drop in

Drop in \$1, space permitting
W Apr 3-Apr 24 11:00 AM-1:00 PM
\$4/4 sess 496942
W May 1-May 29 11:00 AM-1:00 PM
\$5/5 sess 502097
W Jun 5-Jun 26 11:00 AM-1:00 PM
\$4/4 sess 502099

NEW Mental Health Circle

W Apr 3-Jun 5 12:00 PM-1:30 PM
1st & 3rd Wednesdays of the month
Free

NEW Senior's Social Craft

F Apr 5-Apr 26 11:00 AM-1:00 PM
\$20/4 sess 496970
F May 3-May 31 11:00 AM-1:00 PM
\$25/5 sess 497065
F Jun 7-Jun 21 11:00 AM-1:00 PM
\$15/3 sess 497066

NEW Walking Club

W Apr 3-Jun 26 9:00 AM-10:00 AM
Free 496941

Education

NEW Estate Planning: What You Should Know

Instructor: David Perkins

W Apr 24 1:00 PM-2:30 PM
Free 501274

NEW Nutrition & Mental Health

Instructor: Sandra Millward

Th May 9 6:30 PM-8:00 PM
\$35/1 sess 496183

NEW Tax Planning for Assisted Living & Long Term Care Options

Instructor: David Perkins

W Jun 26 10:30 AM-12:00 PM
Free 501275

NEW VPD Personal Safety Workshop for Women

Instructor: Vancouver Police Department

Th Jun 6 6:00 PM-8:00 PM
Free 498990

NEW Writing for the Web

Instructor: Stacy Reynaut

W Sa Apr 17-Apr 27
W 5:45 PM-7:45 PM
Sa 12:00 PM-2:00 PM
\$75/4 sess 499458

Maddie's Lounge Activities

Wednesday Social

W Apr 3-Jun 26 10:30 AM-12:00 PM
Free 496940

Special Luncheons

Spring Luncheon

W May 22 12:00 PM-2:00 PM
\$15/1 sess 499301

Peruvian Luncheon

W Jun 19 12:00 PM-2:00 PM
\$15/1 sess 499302



Fitness Centre

Hours of Operation

Monday-Friday	6:00 AM-10:00 PM
Saturday/Sunday	7:00 AM-8:00 PM
Statutory Holiday	7:00 AM-8:00 PM

Please note - when the Community Centre is closed, enter the Fitness Centre through the lower back entrance, located at the back of the Community Centre, by the playground.

Minimum age

You need to be 13 years and older to use a fitness centre operated by the Park Board.

Admission Fees

Type	Single drop-in	10-visit pass fee
Adult (19-64 years)	\$7.41	\$66.69
Youth (13-18 years)	\$5.19	\$46.71
Senior (65+ years)	\$5.19	\$46.71

Prices do not include tax. Fees are subject to change.

Monthly Pass Fees

Type	1 mth	3 mth	12 mth
Adult (19-64 yrs)	\$59.95	\$161.87	\$517.97
Youth (13-18 yrs)	\$41.96	\$113.31	\$362.58
Senior (65+ yrs)	\$41.96	\$113.31	\$362.58

Prices do not include tax. Fees are subject to change.

Leisure Access Program

Patrons enrolled in the Leisure Access Program may receive 50% discount on single drop-in and monthly pass fees. More information: <https://vancouver.ca/parks-recreation-culture/leisure-access-card.aspx>

Fitness Centre Consultations

Take advantage of our fitness consultations!

Reach your fitness goals with our consultation package. Call ahead to book up to 3 sessions with our highly trained fitness centre staff.

With the price of admission or included in your membership pass, our Fitness Centre staff will show you in the initial session how to use equipment, create a personalized fitness program, and you will receive a card to track your progress. At the next session, our staff will monitor your exercise technique and answer any questions about your fitness program. Book a third session for additional support, motivation or a change in your program!

Please note a completed PAR-Q+ and consent & release forms are needed for a personalized fitness program.

Personal Training

Improve your health and wellness with support from our certified personal trainers. Our trainers will work with you to develop a customized fitness plan designed to meet your fitness goals and fit your busy schedule. Whether you are a beginner, overcoming a plateau, rehabilitating from an injury or looking for sport-specific workouts, our trainers will motivate you in each 1-hour session!

Personal Training Fees

Sessions	Private	Semi-private	Small Group
1	\$61.66	\$92.46	\$129.70
3	\$170.87	\$256.35	\$347.38
5	\$274.83	\$423.22	\$509.51
10	\$493.36	\$785.98	\$926.37

Prices do not include tax. Fees are subject to change.



Scan the QR code for more information regarding personal training.



Equipment

- 5 treadmills
- 5 cross-trainer/ellipticals
- 1 adaptive motion machine (AMT)
- 2 Powermill steppers
- 1 stair climber machine
- 3 recumbent bikes
- 3 upright bikes
- 3 indoor spin bikes
- 1 airdyne bike
- 1 ski-erg
- 2 rowers (Concept2)
- 1 adapted stepper (Scifit)
- Upper and lower body selectorized strength machines
- Free weights and benches
- 3 squat racks
- Functional training props

Wheelchair Accessible Strength Equipment

- Cybex Prestige Chest Press
- Cybex Prestige Lat Pull Down
- Cybex Bravo Adjustable Pulleys
- Scifit StepOne



Room Rentals

There are several rooms available to rent at the Kitsilano Community Centre for meetings, parties, and special events. If you have any inquiries, contact 604-257-8607 or kcca.vancouver@gmail.com.

<p>Snowy's Lounge 1824 sq. ft. (57 ft. x 32 ft.) 100 people \$50/hr</p>	<p>Lobby Room 896 sq. ft. (32 ft x 28 ft) 50 people \$50/hr</p>	<p>Dance Studio 792 sq. ft. (36ft x 22 ft) 50 people \$50/hr</p>	<p>Gymnasium 4950 sq. ft. (90 ft x 55 ft) 400 people \$50/hr</p>
<p>Multi-Purpose 1156 sq. ft. (34 ft x 34 ft) 40 people \$40/hr</p>	<p>Board Room 308 sq. ft. (22 ft x 14 ft) 18 people \$20/hr</p>	<p>Meeting Room 210 sq. ft. (15 ft x 14 ft) 10 people \$20/hr</p>	<p>Maddie's Lounge 308 sq. ft. (22 ft x 14 ft) 12 people \$20/hr</p>

Additional staffing, audiovisual usage or music licensing fees may apply. All sport rentals require insurance.

Information is subject to change with any Health Orders.



Gymnasium



Dance Studio



Lobby Room



Snowy's Lounge



KITS CC Hat Sale

Breakfast Club Fundraiser!

\$30



Available at front desk

*All hat sale proceeds go towards the
Kitsilano Shower Program/Breakfast Club
for People Experiencing Homelessness*



Shower Program/ Breakfast Club

For People Experiencing Homelessness



**When: Every Saturday
7:30AM-9:30AM**

**Where: Kitsilano Community Centre
2690 Larch Street, Vancouver, BC
"Seniors Garden Entrance"**



- Hot breakfast served until 8:45 am
- Hot showers until 9:00 am
- Valet service for carts and dogs
- Toiletries provided
- Clean change of clothes
- Bagged lunch to-go
- Assistance with housing forms
- Connections to outreach services



kitscc.com

KITSILANO COMMUNITY CENTRE ASSOCIATION

We invite our members(*) to attend the

Annual General Meeting

THURS | APR 18 | 7 PM - 9 PM | SNOWY'S LOUNGE

**Board of Directors: Nominations for new members close March 18th at 5 pm
(Nomination Form available at kcca.vancouver@gmail.com)**

*Persons who opted to become a member of the Association on or after Sept 1, 2023

AGENDA

- Adoption of the audited Financial Statements for 2023
- Appointment of the auditors for 2024
- Association Committee Reports

- Park Board Staff Reports
- Election of Directors
- Q & A session

REGISTER TO ATTEND

Go to kitscc.com or email kcca.vancouver@gmail.com