KITSILANO
COMMUNITY
CENTRE

FALL 2026

WELCOME TO THE KITSILANO COMMUNITY CENTRE

2690 Larch Street, Vancouver BC V6K 4K9

Looking for Program Descriptions?

Scan the QR code to visit www.kitscc.com and click on "View All Summer 2026 Programs"

Land Acknowledgement

Kitsilano Community Centre acknowledges that we operate on the unceded ancestral territories of the Coast Salish peoples including the Musqueam, Squamish and Tsleil-Waututh Nations.

Registration

You have three options to register: online, in-person, and by phone.

Online

Thursday, Aug 13 at 7 PM.

Logging into your account at vanrec.ca prior to registration day may minimize any unexpected errors.

In-Person

Thursday, Aug 13 at 7 PM.

We accept Visa, Mastercard, American Express or debit cards, cash, and cheques.

Phone

Friday, Aug 14 at 10 AM.

Ongoing registration by phone is available during office hours.
604-257-6976

Fall 2026 Hours of Operation

Community Centre

Monday-Friday	7:00 AM-10:00 PM
Saturday/Sunday	8:30 AM-8:00 PM
Statutory Holiday	Closed
Sept 30, Oct 12, Nov 11	Closed
Aug 31-Sept 7	Closed
Holiday Hours	TBD

Fitness Centre

Monday-Friday	6:00 AM-10:00 PM
Saturday/Sunday	7:00 AM-8:00 PM
Statutory Holiday	7:00 AM-8:00 PM

Please Note

The front office closes 30 minutes prior to the building closure.

When the Community Centre is closed, enter the Fitness Centre through the lower back entrance, located at the back of the Community Centre, by the playground.

The whirlpool and sauna closes 15 minutes prior to Fitness Centre closure. They are also closed for regular maintenance on Saturdays and Tuesdays from 6:00am to 12:30pm.

FALL 2026

Financial Subsidies

Discounts are available on some programs at time of registration. Patrons that qualify for the Vancouver Park Board's **Leisure Access Program (LAP)** may receive a 50% discount on registration of select programs. LAP is not applicable on workshops, private lessons, one-day events and CCA program drop-ins. To learn more and apply for the Leisure Access Program go to www.vancouver.ca/leisureaccess.

Seniors over 65 years may receive a 15% discount on qualifying adult programs (registration only, drop-ins not applicable).

If you are a senior and a program qualifies for the LAP discount, the applicable discounts will be calculated based on the adult rate and not with the senior's discount.

Refund Policy

All refunds are subject to a $5 administrative fee, unless the program is cancelled by the Community Centre.

Requests for refunds must be received by phone or in-person to the Front Office:

- 24 hours before the 1st scheduled class, 2 days prior to the 2nd scheduled class.
- **No refunds past the second class.**
- 2 days prior for workshops.
- 7 days prior for camps, kitchen programs, private lessons, and luncheons
- 30 days prior for birthday parties for full refund, 14 days prior for 50% refund, and no refund for less than two weeks.

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Jointly operated by the Vancouver Board of Parks and Recreation and the Kitsilano War Memorial Community Centre Association.

Follow us on social media:
Instagram - @kitsilanocc
Facebook - Kitsilano War Memorial Community Centre

Music with Marnie

Music With Marnie - Babies (2 mo-18 mo)
Instructor: Marnie Grey

Tuesdays

Tu Sep 15-Oct 27	11:30 AM-12:00 PM	
$117/6 sess		633415
Tu Sep 15-Oct 27	12:15 PM-12:45 PM	
$117/6 sess		633416
Tu Nov 3-Dec 15	11:30 AM-12:00 PM	
$117/6 sess		633417
Tu Nov 3-Dec 15	12:15 PM-12:45 PM	
$117/6 sess		633418

Thursdays

Th Sep 17-Oct 29	11:30 AM-12:00 PM	
$117/6 sess		633419
Th Sep 17-Oct 29	12:15 PM-12:45 PM	
$117/6 sess		633421
Th Nov 5-Dec 17	11:30 AM-12:00 PM	
$117/6 sess		633448
Th Nov 5-Dec 17	12:15 PM-12:45 PM	
$117/6 sess		633449

Music With Marnie - Betweenies (12 mo-20 mo)
Instructor: Marnie Grey

Tu Sep 15-Oct 27	10:30 AM-11:05 AM	
$120/6 sess		633412
Tu Nov 3-Dec 15	10:30 AM-11:05 AM	
$120/6 sess		633413

Music With Marnie - Toddlers (18 mo-3.5 yrs)
Instructor: Marnie Grey

Tuesdays

Tu Sep 15-Oct 27	9:30 AM-10:15 AM	
$129/6 sess		633405
Tu Nov 3-Dec 15	9:30 AM-10:15 AM	
$129/6 sess		633407

Thursdays

Th Sep 17-Oct 29	9:30 AM-10:15 AM	
$129/6 sess		633409
Th Nov 5-Dec 17	9:30 AM-10:15 AM	
$129/6 sess		633411

Music With Marnie - All Ages/Siblings (up to 5.5 yrs)
Instructor: Marnie Grey

Th Sep 17-Oct 29	10:30 AM-11:15 AM	
$129/6 sess		633423
Th Nov 5-Dec 17	10:30 AM-11:15 AM	
$129/6 sess		633453

Music Together

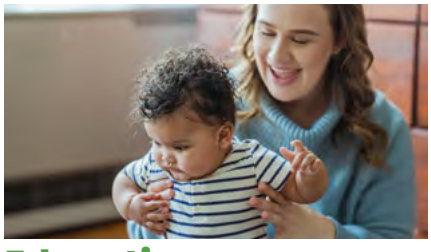
Music Together with Donalyn (Birth-5 yrs)
Instructor: Katherine Deane

Wednesdays

W Sep 23-Dec 2	9:30 AM-10:15 AM	
$218/9 sess		633400
W Sep 23-Dec 2	10:30 AM-11:15 AM	
$218/9 sess		633401

Fridays

F Sep 25-Nov 27	9:30 AM-10:15 AM	
$235/10 sess		633402
F Sep 25-Nov 27	10:30 AM-11:15 AM	
$235/10 sess		633403



Education

Beginner Baby Sign Language (Birth-18 mo)
Instructor: Signing Babies Vancouver

Tu Sep 15-Oct 20	1:00 PM-1:45 PM	
$120/6 sess		631864
Tu Sep 15-Oct 20	2:15 PM-3:00 PM	
$120/6 sess		631865
Tu Oct 27-Dec 1	1:00 PM-1:45 PM	
$120/6 sess		631868
Tu Oct 27-Dec 1	2:15 PM-3:00 PM	
$120/6 sess		631870

Intermediate Baby Sign Language (3 mo-24 mo)
Instructor: Signing Babies Vancouver

Tu Sep 15-Oct 20	11:45 AM-12:30 PM	
$120/6 sess		631860
Tu Oct 27-Dec 1	11:45 AM-12:30 PM	
$120/6 sess		631866

The MotherFlock Mom Group (1 mo-4 mo)
Instructor: The MotherFlock

F Sep 11-Oct 23	10:00 AM-11:00 AM	
$168/6 sess		632910
F Nov 6-Dec 11	10:00 AM-11:00 AM	
$168/6 sess		632914

Dance

Baby Dance (3 mo- pre-walking)
Instructor: Lorraine White-Wilkinson

Tu Sep 22-Oct 27	11:25 AM-12:00 PM	
$96/6 sess		633397

Parent and Tot Creative Dance (2-3 yrs)
Instructor: Lorraine White-Wilkinson

Sa Sep 26-Dec 5	10:30 AM-11:15 AM	
$180/10 sess		633391
Tu Sep 22-Nov 24	10:30 AM-11:15 AM	
$180/10 sess		633396
Tu Nov 3-Nov 24	11:25 AM-12:00 PM	
$64/4 sess		633398

Creative Dance (3-4 yrs)
Instructor: Lorraine White-Wilkinson

Sa Sep 26-Dec 5	9:30 AM-10:15 AM	
$180/10 sess		633390
Tu Sep 22-Nov 24	9:30 AM-10:15 AM	
$180/10 sess		633395

Pre-Ballet Creative Dance (3-4 yrs)
Instructor: Lorraine White-Wilkinson

Sa Sep 26-Dec 5	12:30 PM-1:15 PM	
$180/10 sess		633394

Pre-Ballet (4.5-6 yrs)
Instructor: Lorraine White-Wilkinson

Sa Sep 26-Dec 5	11:30 AM-12:15 PM	
$180/10 sess		633392

My First Dance Class (2-4 yrs)
Instructor: Endorphin Rush Dance

M Sep 14-Oct 26	9:30 AM-10:15 AM	
$84/6 sess		631872
M Nov 2-Dec 14	9:30 AM-10:15 AM	
$98/7 sess		631891

PRESCHOOL

Dance

Little Ballerinas (3-5 yrs)
Instructor: Endorphin Rush Dance

Mondays

M Sep 14-Oct 26	11:20 AM-12:00 PM	
$84/6 sess		631874
M Nov 2-Dec 14	11:20 AM-12:05 PM	
$98/7 sess		631896

Thursdays

Th Sep 17-Oct 29	3:30 PM-4:15 PM	
$98/7 sess		631885
Th Nov 5-Dec 10	3:30 PM-4:15 PM	
$84/6 sess		631907

Mini Hip Hop Dancers (3-5 yrs)
Instructor: Endorphin Rush Dance

M Sep 14-Oct 26	10:30 AM-11:15 AM	
$84/6 sess		631873
M Nov 2-Dec 14	10:30 AM-11:15 AM	
$98/7 sess		631894

Mini Hip Hop Dancers (4-6 yrs)
Instructor: Endorphin Rush Dance

Th Sep 17-Oct 29	4:15 PM-5:00 PM	
$98/7 sess		631890
Th Nov 5-Dec 10	4:15 PM-5:00 PM	
$84/6 sess		631909

Sportball
Instructor: Sportball Vancouver

Sportball Indoor Multi Sport (3-5 yrs)

M Sep 14-Oct 26	2:30 PM-3:30 PM	
$111/6 sess		626824
M Nov 2-Dec 14	2:30 PM-3:30 PM	
$129.50/7 sess		626825

Sportball Outdoor Soccer (3.5-5 yrs)

Sa Sep 12-Oct 17	10:15 AM-11:15 AM	
$92.50/5 sess		627035

Sportball Parent and Child Indoor Soccer (2-3 yrs)

W Sep 16-Oct 28	4:30 PM-5:15 PM	
$92.50/5 sess		627028
W Nov 4-Dec 16	4:30 PM-5:15 PM	
$111/6 sess		627029

Sportball Parent and Child Multi Sport (2-3 yrs)

M Sep 14-Oct 26	4:30 PM-5:15 PM	
$111/6 sess		626828
M Nov 2-Dec 14	4:30 PM-5:15 PM	
$129.50/7 sess		626829

Sportball Parent and Tot Outdoor Soccer (2-3 yrs)

Sa Sep 12-Oct 17	9:30 AM-10:15 AM	
$92.50/5 sess		627034

Sportball Parent and Tot Outdoor T-Ball (2-3 yrs)

Th Sep 10-Oct 15	5:15 PM-6:00 PM	
$111/6 sess		627031

Parent & Tot Gym (6mo-5 yrs)

Tu Sept 15-Dec 8	9:30 AM-11:00 AM
Thu Sept 17-Dec 101	10:30 AM-12:30 PM
Sat Sept 19-Dec 5	10:30 AM-12:00 PM

$3/child and $2/additional child

$27/10 visit pass
$45 sibling 10 visit pass

No Sessions Tu Oct 13, Sat Oct 3-Oct 31
Due to Municipal Elections in Gymnasium

Birthday Parties (up to 8 yrs)

Sat Sept 12-Dec 5	$180/Party
Lobby Room	11:45 AM-2:30 PM
Gym	12:30 PM-1:30 PM
Snowy's Lounge	1:00 PM-3:45 PM
Gym	1:45 PM-2:45 PM

No Sat birthday parties Oct 3-Oct 31
Due to Municipal Elections in Gymnasium

To register, visit *vanrec.ca* and search "Birthday Party Package"

Licensed Childcare

KITSILANO COMMUNITY CENTRE CHILDCARE

If you have any questions contact *Sandy.Galpin@vancouver.ca*.

Tiggy Winkle Preschool

Come join us for the fun in Fall 2026/2027! Tiggy Winkle is a licensed preschool for 3-4 year old children designed with play, friends and learning in mind. We are a play based preschool that has bi-weekly themes with our mornings filled with free play, art, circle time, snack and outside play.

Two packages to choose from:

M/W/F	9:00am-12:00pm
Tu/Th	9:00am -12:00pm

Register with Activity #611712 at *vanrec.ca*.

Out-of-School Care NEW!

For children in K-6 attending Lord Tennyson Elementary. We hope to open in September 2026. Sign up for Activity #619483 on *vanrec.ca* to be on our waitlist and hear the latest updates!

Daycare NEW!

Full day childcare for children aged 3-5 is coming soon! We hope to open September 2026. Sign up for Activity #619474 on *vanrec.ca* to be on our waitlist and hear the latest updates! Child must be 3 years old to be on the waitlist.

CHILDREN

Piano Lessons

Piano Lessons Private (5+ yrs)
Instructor: Roshanak Beheshti
Wednesdays, Sept 16-Dec 9
$385/11 sess

W 4:00 PM-4:30 PM	631025
W 4:30 PM-5:00 PM	631030
W 5:00 PM-5:30 PM	631033
W 5:30 PM-6:00 PM	631035
W 6:00 PM-6:30 PM	631036
W 6:30 PM-7:00 PM	631037
W 7:00 PM-7:30 PM	631038
W 7:30 PM-8:00 PM	631039

Piano Lessons Private (5+ yrs)
Instructor: Roshanak Beheshti
Saturdays, Sept 12-Dec 5
$455/13 sess

Sa 3:30 PM-4:00 PM	631040
Sa 4:00 PM-4:30 PM	631041
Sa 4:30 PM-5:00 PM	631042
Sa 5:00 PM-5:30 PM	631043
Sa 5:30 PM-6:00 PM	631044
Sa 6:00 PM-6:30 PM	631045
Sa 6:30 PM-7:00 PM	631046
Sa 7:00 PM-7:30 PM	631047

Piano Lessons Private (5+ yrs)
Instructor: Mary Friesen
Tuesdays, Sept 15-Dec 8
$403/13 sess

Tu 3:15 PM-3:45 PM	630976
Tu 3:45 PM-4:15 PM	630977
Tu 4:15 PM-4:45 PM	630978
Tu 4:45 PM-5:15 PM	630979
Tu 5:15 PM-5:45 PM	630980
Tu 5:45 PM-6:15 PM	630982

Piano Lessons Private (5+ yrs)
Instructor: Mary Friesen
Fridays, Sept 11-Dec 4
$403/13 sess

F 3:15 PM-3:45 PM	630985
F 3:45 PM-4:15 PM	630986
F 4:15 PM-4:45 PM	630987
F 4:45 PM-5:15 PM	630988
F 5:15 PM-5:45 PM	630989
F 5:45 PM-6:15 PM	630990

Violin Lessons

Private Violin Lessons (6+ yrs)
Instructor: Ali Nourbakhsh
Set 1: Mondays, Sept 14-Nov 2
$455/7 sess

M 3:30 PM-4:30 PM	630992
M 4:30 PM-5:30 PM	630993
M 5:30 PM-6:30 PM	630994
M 6:30 PM-7:30 PM	630995
M 7:30 PM-8:30 PM	630996
M 8:30 PM-9:30 PM	630999

Private Violin Lessons (6+ yrs)
Instructor: Ali Nourbakhsh
Set 2: Mondays, Sept 14-Nov 2
$390/6 sess

M 3:30 PM-4:30 PM	631001
M 4:30 PM-5:30 PM	631004
M 5:30 PM-6:30 PM	631006
M 6:30 PM-7:30 PM	631007
M 7:30 PM-8:30 PM	631008
M 8:30 PM-9:30 PM	631009

Dance

Dance Extreme (6-9 yrs)
Instructor: Endorphin Rush Dance

M Sep 14-Oct 26 4:15 PM-5:15 PM	
$90/6 sess	631877
M Nov 2-Dec 14 4:15 PM-5:15 PM	
$105/7 sess	631900

Hip Hop/Jazz Fusion (5-7 yrs)
Instructor: Endorphin Rush Dance

M Sep 14-Oct 26 3:30 PM-4:15 PM	
$84/6 sess	631875
M Nov 2-Dec 14 3:30 PM-4:15 PM	
$98/7 sess	631899

CHILDREN

PRE-TEEN & YOUTH

Sports

Kinetic Kids Fundamental Class (4-6 yrs)
Instructor: Kinetic Kids
W Sep 16-Oct 21 4:00 PM-4:45 PM
$100/5 sess 627040
W Oct 28-Dec 2 4:00 PM-4:45 PM
$100/5 sess 627041

Sportball Indoor Multi Sport (5-7 yrs)
Instructor: Sportball Vancouver
M Sep 14-Oct 26 3:30 PM-4:30 PM
$111/6 sess 626826
M Nov 2-Dec 14 3:30 PM-4:30 PM
$129.50/7 sess 626827

Sportball Indoor Soccer (5-7 yrs)
Instructor: Sportball Vancouver
Wednesdays
W Sep 16-Oct 28 3:30 PM-4:30 PM
$92.50/5 sess 627019
W Nov 4-Dec 16 3:30 PM-4:30 PM
$111/6 sess 627020
Saturdays
Sa Sep 12-Oct 17 11:15 AM-12:15 PM
$92.50/5 sess 627038

Sportball Outdoor T-Ball (4-6 yrs)
Instructor: Sportball Vancouver
Th Sep 10-Oct 15 6:00 PM-7:00 PM
$111/6 sess 627033

Indoor Tennis
Summer Smash Tennis Indoors is held in the Kits CC Gymnasium

Summer Smash Tennis: Mini Aces (6-7.5 yrs)
Instructor: Summer Smash Tennis
Th Sep 17-Oct 29 3:30 PM-4:15 PM
$183.75/7 sess 633497
Th Nov 5-Dec 17 3:30 PM-4:15 PM
$183.75/7 sess 633499

Summer Smash Tennis: Junior Aces (7.5-10 yrs)
Instructor: Summer Smash Tennis
Tuesdays
Tu Sep 15-Oct 27 3:30 PM-4:30 PM
$210/6 sess 633477
Tu Nov 3-Dec 15 3:30 PM-4:30 PM
$245/7 sess 633484
Thursdays
Th Nov 5-Dec 17 4:15 PM-5:15 PM
$245/7 sess 633505
Th Nov 5-Dec 17 4:15 PM-5:15 PM
$245/7 sess 633508

Summer Smash Tennis: Junior Fundamentals (7.5-10 yrs)
Instructor: Summer Smash Tennis
Tuesdays
Tu Sep 15-Oct 27 3:30 PM-4:30 PM
$210/6 sess 633474
Tu Nov 3-Dec 15 3:30 PM-4:30 PM
$245/7 sess 633481
Thursdays
Th Sep 17-Oct 29 4:15 PM-5:15 PM
$245/7 sess 633504
Th Sep 17-Oct 29 4:15 PM-5:15 PM
$245/7 sess 633507

Summer Smash Tennis: Youth Aces (11-16 yrs)
Instructor: Summer Smash Tennis
Tu Sep 15-Oct 27 4:30 PM-5:30 PM
$210/6 sess 633486
Tu Nov 3-Dec 15 4:30 PM-5:30 PM
$245/7 sess 633488

Dungeons & Dragons

Pre-teen Dungeons & Dragons (10-13 yrs)
Instructor: Wake Cook
Tu Sep 8-Oct 13 4:00 PM-6:00 PM
$72/6 sess 637959
Tu Oct 20-Nov 24 4:00 PM-6:00 PM
$72/6 sess 637972

Dungeons & Dragons Intermediate (13-15 yrs)
Instructor: Wake Cook
Tu Sep 8-Oct 13 6:35 PM-8:35 PM
$72/6 sess 637971
Tu Oct 20-Nov 24 6:35 PM-8:35 PM
$72/6 sess 637976

Activities

Pre Teen Saturday Hangout (9-13yrs)
Instructor: Youth Leader
Sa Sep 19-Nov 28 11:00 AM-12:30 PM
$10/10 sess 636633
No sessions Oct 24 or 31

Pre-teen Pro-D Day to Glow Bowling (9-13yrs)
Instructor: Suzy Parker
F Oct 23 10:00 AM-4:00 PM
$30/1 sess 636634

Kitchen & Cooking

Easy Bake Kitchen (13-18yrs)
Instructor: Matt Kwan
W Sep 16-Oct 7 4:00 PM-6:00 PM
$15/4 sess 636603
W Oct 14-Nov 4 4:00 PM-6:00 PM
$15/4 sess 636605
W Nov 18-Dec 2 4:00 PM-6:00 PM
$15/4 sess 636606

PRE-TEEN & YOUTH

Volunteering & Leadership

Kits Youth Council (13-18yrs)
Instructor: Youth Leader
Tu Sep 15-Dec 15 4:00 PM-5:30 PM
Free/14 sess 636076
Bringing youth voices to the table to talk and share ideas about how we can engage in our community in meaningful ways. This is a great opportunity for youth to earn volunteer hours, fundraise for great causes, gain employment training, and plan community events.

Youth Volunteer Orientation (13-18yrs)
Instructor: Suzy Parker
Th Sep 17 4:00 PM-5:30 PM
Free/1 sess 637338

Youth Volunteer Hours

Are you a youth (12-18yrs) looking for volunteer hours? Scan or click this code, and complete the form.

We will reachout to interested volunteers closer to the event date.

Upcoming events:

Halloween Howl – Set up	Oct 23
Halloween Howl – Event	Oct 24
Breakfast w/ Santa – Set up	Dec 11
Breakfast w/ Santa – Event	Dec 12

Education

STEM Program for Preteens (8-12yrs)
Instructor: Grethel Serrano Rangel
F Sep 25-Oct 23 6:00 PM-7:00 PM
$135/5 sess 635822
F Nov 6-Dec 4 6:00 PM-7:00 PM
$135/5 sess 635825

Red Cross Stay Safe (9-13 yrs)
Instructor: First Aid Hero
Su Sep 14 10:00 AM-4:00 PM
$80/1 sess 636082

Red Cross Babysitting Course (11-16yrs)
Instructor: First Aid Hero
Su Oct 4 9:00 AM-5:00 PM
$80/1 sess 636081

Semi Private Math tutoring (11-16yrs)
Instructor: Kendra Tickner
Sa Sep 12-Oct 17 3:00 PM-4:00 PM
$270/6 sess 636620
Sa Sep 12-Oct 17 4:00 PM-5:00 PM
$270/6 sess 636630
Sa Nov 7-Dec 12 3:00 PM-4:00 PM
$270/6 sess 636621
Sa Nov 7-Dec 12 4:00 PM-5:00 PM
$270/6 sess 636626

Sports

NEW!

Girls Nighthoops (13-16yrs)
Instructor: Night Hoops
F Oct 2-Dec 4 7:00 PM-8:30 PM
10 sess 635821
No sessions Oct 23 or Dec 11

TLC Adapted Youth Programming (13-18 yrs)

TLC is an exciting adaptive program for teens who have autism/ neurodevelopmental disabilities with mild to moderate support needs. Join us for social/life skills and fun recreational activities and outings.

Youth have an opportunity to learn independence while forming long lasting friendships in a safe inclusive environment. We offer programs after-school along with summer break and pro-d days.

Note: Youth must first be registered with CYSN through the Ministry of Children and Family Development before registering for TLC. For more information, please contact Sydney the TLC Supervisor at 604-257-6977 or *Sydney.Cumpstone@vancouver.ca*.

City Wide Youth Pass

Youth using the Kitsilano facility are required to register for a FREE City Wide Youth Pass. Please have your parent or guardian complete a One Card consent form and return it to a Youth Leader or the Community Youth Worker.

Forms can be retrieved in the Youth Lounge from the youth leader.

Youth Lounge and Open Gym Schedule - Fall 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Lounge	3:00 PM-7:30 PM	3:00 PM-7:30 PM	3:00 PM-7:30 PM	3:00 PM-7:30 PM	3:30 PM-8:30 PM	Youth Drop-in 1:00 PM-5:00PM
Open Gym		11:30 AM-12:15 PM No session Oct 7, 13	11:30 AM-12:15 PM		3:15 PM-6:30 PM No session Oct 23	3:30 PM-5:30 PM No session Oct 3, 10, 17 Dec 11

Adults over 65 may receive a 15% discount by registering in qualifying programs. *Drop-ins not applicable.

Art

By Hand - for Makers - a Free Weekly Drop In
Th Sep 3-Dec 17 1:00 PM-3:00 PM
Free 634982

Artei Phire Natural Perfume
Instructor: Lalla Aydi Djellal
Sa Sep 26 5:30 PM-7:30 PM
$80/1 sess 636272

Indigenous Workshop Salt & Cedar – Bath Bomb Making
NEW!
W Sep 16 1:00 PM-3:00 PM
$20/1 sess 637978

Acrylic Workshop - Matisse-Inspired
NEW!
Instructor: Chloe Greenberg
F Nov 13 5:30 PM-8:00 PM
$75/1 sess 637424

Watercolour Workshop - Christmas Card Bouquet
NEW!
Instructor: Chloe Greenberg
F Nov 27 5:30 PM-8:00 PM
$75/1 sess 636291

Stocking Stuffer Skincare
NEW!
Instructor: Cheryl Theilade
Th Dec 3 6:30 PM-8:30 PM
$55/1 sess 636271

Social

Bridge Lessons - Beginners
Instructor: Glenda Affleck
Th Sep 24-Oct 29 5:15 PM-7:15 PM
$66/6 sess 634980
Th Nov 5-Dec 10 5:15 PM-7:15 PM
$66/6 sess 636618

Bridge Lessons - Advancing Beginners
Instructor: Glenda Affleck
Th Sep 24-Oct 29 7:30 PM-9:30 PM
$66/6 sess 634981
Th Nov 5-Dec 10 7:30 PM-9:30 PM
$66/6 sess 636619

Duplicate Bridge
Facilitator: Carrie Beavington
Tu F Sep 8-Dec 18 6:00 PM-9:45 PM
$2/ Sess, $20/10 Tickets 634986

Community Connections Games Nights
Tu Sep 15-Dec 15 6:30 PM-8:00 PM
$6/11 sess 636273

Kitsilano MS Support Group
F Sep 11-Dec 18 1:00 PM-3:00 PM
Free 636277

Workshops

Standard/ Intermediate First Aid (Blended)
Facilitator: First Aid Pro
Su Sep 20 9:00 AM-4:00 PM
$150/ 1 sess 637923

Emergency Preparedness

For more information and registration scan the QR code or visit the web url:

https://vancouver.ca/home-property-development/emergency-preparedness-education.aspx

Music

Vocal Training - All Levels
Instructor: Jan Cooper
Sa Sep 19-Dec 5 12:15 PM-2:15 PM
$216/12 sess 636289
Sa Sep 19-Dec 5 10:00 AM-12:00 PM
$216/12 sess 636290

Ukulele Group Lessons:
Instructor: Joseph Young
Beginner Level 1
Su Sept 13-Nov 15 10:30 AM-11:30 AM
$110/10 sess 636286
Beginner Level 2
Su Sept 13-Nov 15 11:45 AM-12:45 PM
$110/10 sess 636287
Beginner Level 3
Su Sept 13-Nov 15 1:00 PM-2:00 PM
$110/10 sess 636288

Languages

English Corner
Instructor: Fay Mottahed
Su Sep 13-Dec 6 5:45 PM-7:45 PM
$3/12 sess 634987

Spanish for Beginners
Instructor: Gloria Alonso
Level 1
Tu Sep 15-Dec 1 6:15 PM-7:45 PM
$234/12 sess 635023
Level 2
Tu Sep 15-Dec 1 7:45 PM-9:15 PM
$234/12 sess 635024

Spanish for Beginners - For Seniors
Instructor: Gloria Alonso
Level 1
F Sep 18-Dec 4 11:00 AM-12:15 PM
$204/12 sess 635021
Level 2
F Sep 18-Dec 4 12:30 PM-1:45 PM
$204/12 sess 635022

ADULTS

Cooking
With Pasta Boy Peter

Hands on Puglia Pasta
Su Sep 13 3:00 PM-5:15 PM
$108/1 sess 636355
Su Dec 6 3:00 PM-5:30 PM
$108/1 sess 636361

Focaccia & Roman Pizza al Taglio
Su Sep 13 10:15 AM-1:00 PM
$108/1 sess 636354
Su Dec 6 10:15 AM-1:00 PM
$108/1 sess 636359

Hands on Rolled Roman Fettuccine
Sa Oct 3 3:30 PM-6:00 PM
$108/1 sess 638334
Su Nov 8 10:15 AM-1:00 PM
$108/1 sess 636358
Su Dec 13 10:15 AM-1:00 PM
$108/1 sess 638335

Roman Sauces Trinity & Pasta Pairing
Su Nov 8 3:15 PM-5:30 PM
$90/1 sess 636360

Pillowy Potato Gnocchi
Su Nov 22 10:15 AM-1:00 PM
$108/1 sess 636357

Crackling Roast Pork Belly Porchetta
NEW!
Su Nov 22 3:00 PM-5:15 PM
$108/1 sess 636356

Kitchen Programs

All refunds are subject to a $5 administrative fee, unless the program is cancelled by the Community Centre.

Requests for refunds must be received 7 days prior for kitchen programs.

Food & Garden
With Village Vancouver

Kitsilano Community Garden
Sa Sep 12-Oct 31 1:45 PM-3:45 PM
Free 636368

Cordage and Coiled Basket
Tu Sep 10 6:30 PM-8:30 PM
$20/1 sess 636362

Quick Pickles
W Sep 23 6:30 PM-8:30 PM
$28/1 sess 636372

Soup in a Jar
Tu Oct 6 6:30 PM-8:30 PM
$25/1 sess 636374

Homemade Kombucha Brewing
Tu Oct 20 6:30 PM-8:30 PM
$20/1 sess 636365

Water Bath Cannning
W Nov 4 6:30 PM-8:30 PM
$25/1 sess 636366

Grow Your Own Sprouts & Microgreens
Th Nov 26 6:30 PM-8:30 PM
$28/1 sess 636363

Holiday Workshop: Intro to Indoor Vertical Gardening
F Dec 4 6:30 PM-8:30 PM
$21/1 sess 636364

Holiday Workshop: Mason Jar Fermenting
Su Dec 13 11:00 AM-1:00 PM
$21/1 sess 636375

Kitsilano Village Recycling Depot

Drop off your clean, pre-sorted plastics at our free Kits Village recycling depot located on the south patio, immediately north of W 12th Ave. and Larch Street.

Th Sep 17, Oct 15, Nov 19, Dec 17
Free 6:00 PM-7:00 PM

Seasonal Food

Traditional Baked Mooncake
NEW!
Instructor: Abraham Wong
W Sep 23 6:30 PM-8:30PM
$55/1 sess 637695

Dance

Ballet
Instructor: Sally Laing Hulme
Drop in: $18, space permitting
Introduction/Beginner
Su Sep 20-Nov 29 1:00 PM-2:30 PM
$160/10 sess 634974
Intermediate
Su Sep 20-Nov 29 2:45 PM-4:15 PM
$160/10 sess 634973

Belly Dance
Instructor: Gail (Rahma) Haddad
Drop in: $19, space permitting
Beginner
Su Sep 13 4:30 PM-6:00 PM
$8/1 sess 634976
Su Sep 20-Dec 13 4:30 PM-6:00 PM
$180/12 sess 634975
Intermediate
Su Sep 20-Dec 13 6:00 PM-7:30 PM
$180/12 sess 634977

BeMoved
Instructor: Anita Dance Vancity Inc.
W Sep 9-Sep 23 1:00 PM-2:00 PM
$42/3 sess 634978
W Oct 28-Dec 16 1:00 PM-2:00 PM
$98/7 sess 634979
Drop in: $16, space permitting

Indian Classical Dance - Intermediate
Instructor: Anusha Fernando
W Sep 9-Dec 16 7:15 PM-8:15 PM
$150/10 sess 636276
Drop in: $18, space permitting

Recreational Line Dancing
Instructor: Lisa Dong
Sa Sep 12-Oct 17 10:30 AM-12:00 PM
$45/6 sess 635016
Sa Oct 24-Nov 28 10:30 AM-12:00 PM
$45/6 sess 635017
Drop in: $9, space permitting

Drop-in Classes

All admissions and pass scans will be accepted 15 minutes prior to session start.

Pilates

Mat Pilates
Instructor: Vienna Luke
50 min Drop in: $12.50, space permitting
60 min Drop in: $15, space permitting
Mondays
M Sep 14-Oct 26 10:00 AM-10:50 AM
$69/6 sess 635880
M Nov 2-Dec 14 10:00 AM-10:50 AM
$80.50/7 sess 635003
M Sep 14-Oct 26 11:00 AM-11:50 AM
$69/6 sess 635004
M Nov 2-Nov 23 11:00 AM-11:50 AM
$46/4 sess 635005
Tuesdays
Tu Sep 8-Oct 27 6:30 PM-7:30 PM
$110/8 sess 635006
Tu Nov 3-Dec 15 6:30 PM-7:30 PM
$96.25/7 sess 635007
Wednesdays (Instructor TBD)
W Sep 16-Oct 28 11:00 AM-11:50 AM
$69/6 sess 637887
W Nov 4-Dec 16 11:00 AM-11:50 AM
$69/6 sess 637888

ZUMBA®

Instructor: Zumba Vancouver
Drop in: $15, space permitting
Mondays
M Sep 14 6:45 PM-7:45 PM
Free 635648
M Sep 21-Oct 26 6:45 PM-7:45 PM
$68.75/5 sess 635637
M Nov 2-Dec 14 6:45 PM-7:45 PM
$96.25/7 sess 635639
Wednesdays
W Sep 9 6:45 PM-7:45 PM
Free 635649
W Sep 16-Oct 28 6:45 PM-7:45 PM
$68.75/5 sess 635638
W Nov 4-Dec 16 6:45 PM-7:45 PM
$82.50/6 sess 635640

ZUMBA® - Chair

Instructor: Zumba Vancouver
F Sep 11 1:00 PM-2:00 PM
Free 635643
F Sep 18-Oct 30 1:00 PM-2:00 PM
$96.25/7 sess 635641
F Nov 6-Dec 18 1:00 PM-2:00 PM
$96.25/7 sess 635642
Drop in: $15, space permitting

ZUMBA® Gold - Beginners & Seniors

Instructor: Zumba Vancouver
Drop in: $15, space permitting
Tuesdays
Tu Sep 8 1:30 PM-2:30 PM
Free 635650
Tu Sep 15-Oct 27 1:30 PM-2:30 PM
$82.50/6 sess 635644
Tu Nov 3-Dec 15 1:30 PM-2:30 PM
$96.25/7 sess 635646
Thursdays
Th Sep 10 1:30 PM-2:30 PM
Free 635651
Th Sep 17-Oct 29 1:30 PM-2:30 PM
$96.25/7 sess 635645
Th Nov 5-Dec 17 1:30 PM-2:30 PM
$96.25/7 sess 635647

ADULTS

Martial Arts

Qigong
Instructor: Kelly Maclean
Su Sep 13-Dec 13 9:30 AM-10:30 AM
$208/13 sess 636279
Drop in: $19.05, space permitting

Tai Chi - 24 Form Review
Instructor: Kelly Maclean
Th Sep 10-Dec 10 7:00 PM-8:00 PM
$208/13 sess 636280
Drop in: $19.05, space permitting

Tai Chi - 48 Form Part 2
Instructor: Kelly Maclean
Th Sep 10-Dec 10 6:00 PM-7:00 PM
$208/13 sess 636281
Drop in: $19.05, space permitting

Tai Chi - 24 Form (suitable for beginners)
Instructor: Kelly Maclean
Su Sep 13-Dec 13 11:30 AM-12:30 PM
$208/13 sess 636282
Drop in: $19.05, space permitting

Tai Chi - Wu Style Part 2
Instructor: Kelly Maclean
Su Sep 13-Dec 13 10:30 AM-11:30 AM
$208/13 sess 636283
Drop in: $19.05, space permitting

Tai Chi - Yang Style 22 Form - Drop In
Instructor: Amy Li Hua Zhu
Tu Sep 8-Dec 22 10:00 AM-10:55 AM
Drop in: $5 636284

Tai Chi Kung Fu Fan and Health Qigong
Instructor: Amy Li Hua Zhu
Tu Sep 8-Dec 22 11:05 AM-12:00 PM
$195/13 sess 636285
Drop in: $17, space permitting

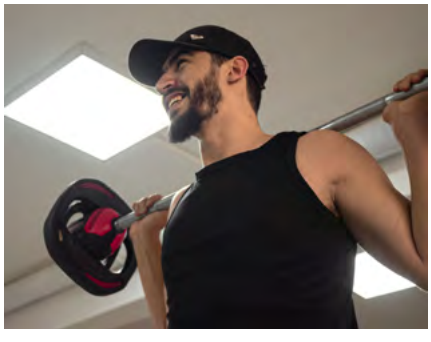
Health & Fitness

ABM NeuroMovement® Healthy Back, Neck and Shoulders
Instructor: Claire Sandham
W Sep 16-Oct 21 7:30 PM-8:30 PM
$96/6 sess 634969
Th Sep 17-Oct 22 10:00 AM-11:00 AM
$96/6 sess 634971
W Oct 28-Dec 2 7:30 PM-8:30 PM
$96/6 sess 634970
Th Oct 29-Dec 3 10:00 AM-11:00 AM
$96/6 sess 634972

Callanetics™
Instructor: Linda Shedden
M Sep 14-Oct 26 7:45 PM-8:45 PM
$101.70/6 sess 634983
M Nov 2-Dec 14 7:45 PM-8:45 PM
$118.65/7 sess 636129
Drop in: $20.48, space permitting

Stretch Therapy
Instructor: Rob Cole
Th Sep 17-Oct 22 7:15 PM-8:25 PM
$180/6 sess 635025
Th Nov 12-Dec 17 7:15 PM-8:25 PM
$180/6 sess 635026
Drop in: $40, space permitting

Group Power
Drop in: $7 (inc. GST)
10 Tickets: $63 (inc. GST)
Sep 7-Dec 18
Instructor: Ella Wong
Mondays 8:00 AM-9:00 AM
Instructor: Jennifer Wick
Wednesdays 9:15 AM-10:15 AM
Instructor: Karen Di Venanzo
Thursdays 1:30 PM-2:30 PM
Fridays 8:00 AM-9:00 AM



Yoga

Creative Yoga
Instructor: Natalia Nimetz
Tu Sep 15-Oct 27 4:45 PM-6:15 PM
$105/7 sess 634984
Tu Nov 3-Dec 8 4:45 PM-6:15 PM
$90/6 sess 634985
Drop in: $16.25, space permitting

everyBODYoga
Instructor: Klara Kroupa
W Oct 7-Dec 9 4:30 PM-5:30 PM
$144/9 sess 634988
Drop in: $16, space permitting

Gentle Yoga
Instructor: Natalia Nimetz
F Sep 18-Oct 30 10:30 AM-12:00 PM
$105/7 sess 634989
F Nov 6-Dec 11 10:30 AM-12:00 PM
$90/6 sess 634990
Drop in: $16.25, space permitting

Hatha+Yin Yoga with Pamela
Instructor: Pamela Ferman
Drop in: $19, space permitting
In the AM
Th Sep 10-Oct 8 9:15 AM-10:15 AM
$80/5 sess 634993
Th Oct 15-Nov 26 9:15 AM-10:15 AM
$112/7 sess 634994
In the PM
M Sep 14-Oct 5 6:00 PM-7:15 PM
$64/4 sess 634991
M Oct 19-Nov 30 6:00 PM-7:15 PM
$112/7 sess 634992

Iyengar Yoga with Linda
Instructor: Linda Shevloff
W Sep 9-Oct 21 10:30 AM-12:00 PM
$150/6 sess 634995
W Nov 4-Dec 16 10:30 AM-12:00 PM
$150/6 sess 634996
Drop in: $27, space permitting

Yoga

Iyengar Yoga with Luci
Instructor: Luci Yamamoto

Th Sep 17-Nov 5	10:30 AM-12:00 PM	
$200/8 sess		634997
Su Sep 20-Nov 8	9:00 AM-10:30 AM	
$200/8 sess		634998
Th Nov 26-Dec 17	10:30 AM-12:00 PM	
$100/4 sess		634999
Su Nov 29-Dec 20	9:00 AM-10:30 AM	
$100/4 sess		635000

Drop in: $27, space permitting

Iyengar Yoga: Special Theme Workshop
Instructor: Luci Yamamoto

Sa Oct 24-Oct 24	2:00 PM-4:00 PM	
$36/1 sess		635001
Sa Dec 12-Dec 12	2:00 PM-4:00 PM	
$36/1 sess		635002

Restorative Yin Yoga Workshop
Instructor: Pamela Ferman

Sa Sep 19	2:00 PM-4:00 PM	
$40/1 sess		635018
Sa Oct 17	2:00 PM-4:00 PM	
$40/1 sess		635019
Sa Nov 21	2:00 PM-4:00 PM	
$40/1 sess		635020

Yoga4Stiff People® - All Levels
Instructor: Yoga4Stiff People
Drop in: $16, space permitting

Mondays

M Sep 14-Oct 26	5:30 PM-6:30 PM	
$84/6 sess		636292
M Sep 14-Oct 26	6:45 PM-7:45 PM	
$84/6 sess		636296
M Nov 2-Dec 7	5:30 PM-6:30 PM	
$84/6 sess		636293
M Nov 2-Dec 7	6:45 PM-7:45 PM	
$84/6 sess		636297

Wednesdays

W Sep 16-Oct 28	6:15 PM-7:15 PM	
$84/6 sess		636294
W Nov 4-Dec 16	6:15 PM-7:15 PM	
$84/6 sess		636295

Prenatal Yoga with Lynda
Instructor: Lynda Sing

Tuesdays

Tu Sep 8-Oct 13	6:15 PM-7:15 PM	
$108/6 sess		635012
Tu Oct 27-Dec 15	6:15 PM-7:15 PM	
$144/8 sess		635013

Wednesdays

W Sep 9-Oct 14	6:00 PM-7:00 PM	
$90/5 sess		635014
W Oct 28-Dec 16	6:00 PM-7:00 PM	
$126/7 sess		635015

Drop in: $20, space permitting

Parent & Baby Yoga with Lynda
Instructor: Lynda Sing

Tu Sep 8-Oct 13	1:30 PM-2:30 PM	
$108/6 sess		635010
Tu Oct 27-Dec 15	1:30 PM-2:30 PM	
$144/8 sess		635011

Drop in: $20, space permitting

Sports - Instructional Pickleball
With Angela Ford

Learning the Basics

F Sep 18-Oct 23	1:30 PM-3:00 PM	
$126/6 sess		638392
F Nov 6-Dec 11	1:30 PM-3:00 PM	
$126/6 sess		638393

Live Coaching and Play – Beginner +

Mondays

M Sep 14-Oct 26	5:30 PM-6:30 PM	
$90/6 sess		638394
M Nov 2-Dec 7	5:30 PM-6:30 PM	
$90/6 sess		638395

Wednesdays

W Sep 9-Oct 28	2:15 PM-3:15 PM	
$75/5 sess		638396
W Nov 4-Dec 9	2:15 PM-3:15 PM	
$75/5 sess		638397

Sports - Instructional Pickleball
With Mona Lee

Pickleball Stage 2/Stage 3: Attack or Reset

Su Sep 6-Sep 27	12:30 PM-2:30 PM	
$112/4 sess		635655

Pickleball Stage 2/Stage 3: The Soft Game

Su Oct 4-Oct 25	12:30 PM-2:30 PM	
$112/4 sess		635656

Pickleball Stage 2/Stage 3: Doubles Strategy

Su Dec 6-Dec 27	12:30 PM-2:30 PM	
$84/3 sess		635657

ADULTS

Sports - Instructional Indoor Tennis

Summer Smash Tennis: Adult Beginner (1.0)
Instructor: Summer Smash Tennis

Su Sep 13-Oct 11	10:30 AM-12:00 PM	
$307.50/5 sess		636380
Su Oct 18-Nov 15	10:30 AM-12:00 PM	
$307.50/5 sess		636396
Sa Nov 7-Dec 5	5:45 PM-7:15 PM	
$234/5 sess		636381

Summer Smash Tennis: Adult Beginner + (1.5)
Instructor: Summer Smash Tennis

Su Oct 25-Nov 22	10:30 AM-12:00 PM	
$278/5 sess		636382

Summer Smash Tennis: Adult Intermediate (2.5-3.0)
Instructor: Summer Smash Tennis

F Sep 18-Oct 9	11:30 AM-1:00 PM	
$246/4 sess		636383
F Oct 16-Nov 13	11:30 AM-1:00 PM	
$307.50/5 sess		636388
F Nov 20-Dec 18	11:30 AM-1:00 PM	
$307.50/5 sess		636389

Summer Smash Tennis: Feeding Frenzy (2.0-3.0)
Instructor: Summer Smash Tennis

Sa Dec 5-Dec 19	5:45 PM-7:00 PM	
$184.5/3 sess		636384

KBL Co-Ed Basketball League

Instructor: Biraj Bora

Su Sep 13-Dec 20	3:00 PM-8:00 PM	
$90/14 sess		635635
Prospective Player		635636

Sports Drop-In $6.30

Please note: Participants can check-in up to 30 minutes before at the Front Office. Space will be held for registered participants for 5 minutes after the start of the program; after this time, spots will be sold to drop-in players. In the event that you are unable to attend any particular session, your registered spot is non-transferable.

These programs are non-instructional.

Drop-ins: To be put on the waitlist, please call the Front Office starting at 8:15 AM on game day (9:45 AM on Sat/Sun) – 604.257.6976

Badmintion - All Levels

W Sep 9-Sep 23	8:00 PM-10:00 PM	
$15/3 sess		634500
W Oct 14-Oct 28	8:00 PM-10:00 PM	
$15/3 sess		634501
W Nov 4-Nov 25	8:00 PM-10:00 PM	
$15/3 sess		634502
W Dec 2-Dec 16	8:00 PM-10:00 PM	
$15/3 sess		634503

Soccer - Masters**$5.50

Tu Sep 8-Sep 29	6:00 PM-7:45 PM	
$21/4 sess		634516
Tu Oct 6-Oct 27	6:00 PM-7:45 PM	
$20/3 sess		634517
Tu Nov 3-Nov 24	6:00 PM-7:45 PM	
$20/4 sess		634518
Tu Dec 1-Dec 15	6:00 PM-7:45 PM	
$13.20/3 sess		634519

Basketball - Recreational

M Sep 7-Sep 28	8:00 PM-10:00 PM	
$20/4 sess		634504
M Oct 5-Oct 26	8:00 PM-10:00 PM	
$15/3 sess		634505
M Nov 2-Nov 30	8:00 PM-10:00 PM	
$25/5 sess		634506
M Dec 7-Dec 14	8:00 PM-10:00 PM	
$10/2 sess		634507

Volleyball - Recreational

Tu Sep 8-Sep 29	8:00 PM-10:00 PM	
$20/4 sess		634520
Tu Oct 6-Oct 27	8:00 PM-10:00 PM	
$15/3 sess		634521
Tu Nov 3-Nov 24	8:00 PM-10:00 PM	
$20/4 sess		634522
Tu Dec 1-Dec 15	8:00 PM-10:00 PM	
$15/3 sess		634523

Pickleball - All Levels

Mondays

M Sep 7-Sep 28	11:45 AM-1:45 PM	
$20/4 sess		634508
M Oct 5-Oct 26	11:45 AM-1:45 PM	
$15/3 sess		634509
M Nov 2-Nov 30	11:45 AM-1:45 PM	
$25/5 sess		634510
M Dec 7-Dec 14	11:45 AM-1:45 PM	
$10/2 sess		636628

Thursdays

Th Sep 10-Sep 24	8:00 PM-10:00 PM	
$15/3 sess		636629
Th Oct 1-Oct 29	8:00 PM-10:00 PM	
$25/5 sess		634513
Th Nov 5-Nov 26	8:00 PM-10:00 PM	
$20/4 sess		634514
Th Dec 3-Dec 17	8:00 PM-10:00 PM	
$15/3 sess		634515

Social

Wednesday Coffee Social
W Sep 9-Dec 16 10:30 AM-12:00 PM
Free 635132

Mah Jong
September
W Sep 9-Sep 23 11:00 AM-1:00 PM
$4/3 sess 636351
October
W Oct 7-Oct 28 11:00 AM-1:00 PM
$4/4 sess 636352
November
W Nov 4-Nov 25 11:00 AM-1:00 PM
$4/3 sess 636353
December
W Dec 2-Dec 16 11:00 AM-1:00 PM
$4/3 sess 636376

Mah Jong Lessons - Interested Participants
Dates & Details to be confirmed. Once confired, all interested participants will be contacted.
Wednesdays 9:00 AM-11:00 AM
636377

Seasonal Food

Traditional Baked Mooncake (Seniors 55+)
NEW!
Instructor: Abraham Wong
W Sep 9 2:30 PM-4:30PM
$46.75/1 sess 637694

Educational

Tax Planning for Assisted Living & Long-Term Care Options
Instructor: David Perkins
Tu Sep 29 10:30 AM-12:00 PM
Free 624661

Estate Planning: Beyond the Will
Instructor: David Perkins
Tu Oct 27 10:30 AM-12:00 PM
Free 625597

Health & Fitness

Osteo Fit
Instructor: Berdjis Bahrami
F Sep 11-Oct 23 10:00 AM-11:00 AM
$45.50/7 sess 635008
F Oct 30-Dec 11 10:00 AM-11:00 AM
$45.50/7 sess 635009
Drop in: $7.50, space permitting

UBC Changing Aging
Instructor: UBC School Of Kinesiology
M W Sep 14-Dec 2 10:00 AM-11:00 AM
$357/21 sess 635653
M W Sep 14-Dec 2 11:00 AM-12:00 PM
$306/18 sess 635654

ZUMBA® Gold - Beginners & Seniors
Instructor: Zumba Vancouver
Drop in: $15, space permitting
Tuesdays
Tu Sep 8 1:30 PM-2:30 PM
Free 635650
Tu Sep 15-Oct 27 1:30 PM-2:30 PM
$82.50/6 sess 635644
Tu Nov 3-Dec 15 1:30 PM-2:30 PM
$96.25/7 sess 635646
Thursdays
Th Sep 10 1:30 PM-2:30 PM
Free 635651
Th Sep 17-Oct 29 1:30 PM-2:30 PM
$96.25/7 sess 635645
Th Nov 5-Dec 17 1:30 PM-2:30 PM
$96.25/7 sess 635647

Out-Trips with Enjoy the Journey
Participants must complete the waiver form. Refunds must be requested 7 days prior, minus $5 administration fee.

Sooke Potholes with Drea Harrison
W Sep 16 6:45 AM-8:00 PM
$142.85/1 sess 627207

Queen of Peace
W Oct 28 7:15 AM-5:15 PM
$123.85/1 sess 627210

Arts Whistler Holiday Market
Su Nov 29 8:15 AM-6:15 PM
$85.71/1 sess 627216

Timberline Country Christmas
Su Dec 13 10:45 AM-7:45 PM
$123.81/1 sess 627219

Luncheons
All lucheons are prepared by in-house Chef Cecilia
Registration Required

Indigenous Meal
W Sep 16 12:00 PM-2:00 PM
$15/1 sess 636390

Peruvian Delights
W Oct 21 12:00 PM-2:00 PM
$15/1 sess 636391

Traditional Western Meal
W Dec 16 12:00 PM-2:00 PM
$15/1 sess 636394

DROP-IN GROUP FITNESS

Drop-In Group Fitness Schedule - September 8-December 20, 2026

No Classes: Building Closure: August 31-September 7. Stat Holidays: Sept 30, Oct 12, Nov 11.
Centre Special Events: Oct 24, Dec 12. No Gymasium Classes due to Municipal Elections: Oct 3, Oct 7, Oct 10, Oct 17.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cardio Interval 9:00-10:00 AM Bita	**Classic Stretch** 9:00-10:00 AM Ferial Max 18	**Cardio Combo** 9:00-10:00 AM Ferial		**Step Interval** 8:45-10:00 AM Rilla	**Step Interval** 8:45-10:00 AM Suzanne	**Core & Balance** 9:00-10:00 AM Ferial
				Classic Stretch 9:15-10:15 AM Ferial Max 18	**Classic Stretch** 9:15-10:15 AM Alannah Max 18	
Gentle Fit 10:15-11:15 AM Audrey		**Gentle Fit** 10:15-11:15 AM Audrey		**Gentle Fit** 10:15-11:15 AM Isobel		
		Strength & Core 5:30-6:30 PM Devon	**HIIT** 5:30-6:30 PM TBD			

All admissions and pass scans will be accepted 15 minutes prior to session start.

Class		Description
Mild	**Gentle Fit**	Perfect for beginners, those returning to fitness or recovering for an injury. Gentle movements to start your day. Class may use mats, chairs, light weights and bands. Talk to the instructors about any concerns.
	Stretch Classes	This no cardio class will focus on increasing flexibility and calming the mind.
Moderate to Challenging	**Cardio Interval**	A mix of cardio training and weight training work every 10 minutes. This class is of moderate to challenging intensity.
	Step Interval	Low-impact step cardio with strength training intervals followed by core work and a relaxing stretch. Saturday class is high intensity, with advanced choreography.
	HIIT (High Intensity Interval Training)	The class is a high-energy, full-body workout designed to build strength, endurance, and cardiovascular fitness. Using a mix of HIIT circuits, resistance training, cardio intervals, as many rounds as possible, and core-focused routines. All exercises are easily modifiable to suit different fitness levels & abilities.
	Strength & Core	Using own bodyweight, dumbbells and steps for a full body workout that includes a variety of weight training exercises to build muscles; support back and abdominal strength. A powerful class that will leave you feeling great and accomplished.

Admission Fees

Type	Single Drop-in	10-visit pass	1 Month Fit Card
Adult (19-64 years)	$6.00	$54.00	$50.00
Senior (65+ years)	$4.85	$44.00	$40.00

The Fit Card allows you to attend an unlimited number of classes on the above schedule.

Prices do not include tax. Fees and schedule are subject to change (i.e. cancellation due to instructor illness, insufficent attendance).

Pass Refund Policy: **Passes will not be refunded for closures, stat holidays, cancelled programs, or no instructors available.** 1 month passes have up to 15 calendar days after the day of purchase to refund.

Pass Suspension Policy: Passes may be suspended a minimum of 2 weeks up to the length of the remainder of the pass.

ICE RINK

Please scan the QR code or visit vancouver.ca for the most up-to-date rink schedule.

Rink Rentals

Request your rink bookings online: https://vancouver.ca/parks-recreation-culture/ice-rinks

Rental requests require a minimum of 2 weeks notice if staff or equipment is needed, otherwise a minimum of 7 days in advance.

Leisure Access Program

Patrons enrolled in the Leisure Access Program may receive 50% discount on single drop-in and monthly pass fees.
More information: See page 2.

2026 Admission Fees

Public Skate Fees	Single Drop-in	10-visit pass
Adult (19-64 years)	$7.93	$71.37
Child (5-12 years)	$3.97	$35.73
Youth (13-18 years) **& Senior** (65+ years)	$5.55	$49.95
Skate Rentals	$4.00	$36.00*

Prices do not include tax. Fees are subject to change.

*Non-refundable

Learn to Skate Lessons

*Please note that all dates and programs are subject to change.

Registration

Fall Set 1: September 17, 7 PM
Fall Set 2: November 5, 7 PM

Lesson Times

Thursday between 10:00 AM and 11:30AM
Saturday between 2:00 PM and 4:00 PM
Schedule will be viewable online two weeks prior to registration

Lesson Run

Fall Set 1: Sep 26-Nov 6
Fall Set 2: Nov 7-Dec 18

If you are unsure of your skating level, or it has been a while since your last lesson, we suggest coming in to any public skate session for a free skating assessment.

Refund Policy

Full refund five days or more prior ro program start, minus $5 administration fee. Partial refund within four days of program start or before second class. No refunds after second class.

Skating Level Equivalents

Preschool 3–5 yrs	Child 6–12 yrs	Adult/Youth 13+ yrs
Preschool 1	Child 1	Beginner
Preschool 2		
Preschool 3	Child 2	
Preschool 4		
Preschool 5/6	Child 3	Intermediate
	Child 4	
	Child 5	Advanced
	Child 6/7	

Fitness Centre

For hours please see page 2.

All participants must be 13 years or older.

Leisure Access Program

Patrons enrolled in the Leisure Access Program may receive 50% discount on single drop-in and monthly pass fees.
More information: See page 2.

Whirlpool and Sauna Information and Hours

See page 2.

Equipment

- 5 treadmills
- 5 cross-trainer/ellipticals
- 1 adaptive motion machine (AMT)
- 2 Powermill steppers
- 1 stair climber machine
- 3 recumbent bikes
- 3 upright bikes
- 3 indoor spin bikes
- 1 airdyne bike
- 1 ski-erg
- 2 rowers (Concept2)
- 1 adapted stepper (Scifit)
- Upper and lower body selectorized strength machines
- Free weights and benches
- 3 squat racks
- Functional training props

Wheelchair Accessible Strength Equipment

- Cybex Prestige Chest Press
- Cybex Prestige Lat Pull Down
- Cybex Bravo Adjustable Pulleys
- Scifit StepOne

2026 Admission Fees

Type	Single Drop-in	10-visit pass	1 Month	3 Month	12 Month
Adult (19-64 years)	$7.93	$71.37	$64.15	$173.21	$554.26
Youth (13-64 years)	$5.55	$49.95	$44.91	$121.25	$387.98
Senior (65+ years)	$5.55	$49.95	$44.91	$121.25	$387.98

Prices do not include tax. Fees are subject to change.

Personal Training

Improve your health and wellness with support from our certified personal trainers. Our trainers will work with you to develop a customized fitness plan designed to meet your fitness goals and fit your busy schedule. Whether you are a beginner, overcoming a plateau, rehabilitating from an injury or looking for sport-specific workouts, our trainers will motivate you in each 1-hour session!

Scan the QR code or visit *https://vancouver.ca/parks-recreation-culture/personal-training.aspx* for more information regarding personal training.

VANCOUVER BOARD OF PARKS AND RECREATION

Personal Training Fees

Sessions	Private	Semi-Private	Small Group
1	$65.98	$98.93	$138.78
3	$182.83	$274.29	$371.70
5	$294.07	$452.85	$545.18
10	$527.90	$841.00	$991.22

Prices do not include tax. Fees are subject to change.

SPECIAL EVENTS

ROOM RENTALS

There are several rooms available to rent at the Kitsilano Community Centre for meetings, parties, and special events.

If you have any inquiries, contact kcca.vancouver@gmail.com

For more information, visit: **https://kitscc.com/facilities/room-rentals/**

MAKE YOUR VOICE HEARD THIS FALL!

Voting in the 2026 Vancouver Election is easier than ever.

VOTE BY MAIL

Request your ballot by October 5.

ADVANCE VOTING

Vote early on October 3, 7, 10 or 13.

ELECTION DAY

Cast your vote on October 17.

QUESTIONS?

Call **3-1-1** or visit **vancouver.ca/vote** to plan your vote.

CITY OF VANCOUVER | VANCOUVER VOTES